

Capital High School Band Student Handbook 2017–2018

Dan Lundberg, Director



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Music

Music Department Philosophy

To provide the opportunity and instruction for those students who wish to expand their musical skills and participate in music performance groups. Students can take music classes with solid academic studies, participate in all sports and prepare for any college. All students are encouraged to enroll. Students are graded on effort and participation daily, performance attendance, classroom attendance and concert critiques. All Music Classes are part of the Olympia School District Education Curriculum. Music classes **are not** Extra Curricular.

9th Grade Band A, B

Credit: Fine Arts

Prerequisite: Previous experience in middle school band.

Length: 1 year

Grade Level: 9

Requirements: Performances of regular concerts and contests large group. All concerts are outside of the school day on designated evenings. Students may compete in sports and be in band at the same time; conflicts can be resolved between the teacher and the coach. This band combines with concert band and wind ensemble to make up the Cougar marching band in the fall for 4-5 Friday nights in September and October. This class is designed to provide a separate experience for just 9th grade students to come together in one band at one grade level. Students learn major and minor scales, technical studies, and traditional band literature. We have fun! Students must provide white and black shoes and socks.

Concert Band A, B

Credit: Fine Arts

Prerequisite: Previous experience in 9th grade band.

Length: 1 year

Grade Level: 10, 11, 12

Requirements: Performances (concerts and contests) are outside of the school day. Good attendance is required by each member. Students may compete in sports and be in band at the same time; conflicts can be resolved between the teacher and the coach. This course provides an opportunity to further skills in performance and musicianship in a concert band situation. Students develop skills and basic musicianship in areas of tone production, rhythm (various meters), and ensemble playing in order to develop good intonation and ear training, and counting skills. This band combines with 9th grade band and wind ensemble to make up the Cougar marching band in the fall for 4-5 Friday nights in September and October. Concert uniform: Girls-long black dress/skirt & top, Boys- Band uniform variation.

Wind Ensemble A, B

Credit: Fine Arts

Prerequisite: Audition and instructor's permission only

Length: 1 year

Grade Level: 10, 11, 12

Requirements: Performances (concerts and contests) are outside of the school day. Good daily attendance is required by each member. Students may compete in sports and be in band at the same time; conflicts can be resolved between the teacher and the coach. Students will develop skills in technique, sight-reading, and tone production. They will also develop analytical skills to improve their listening and intonation. Students will develop ensemble skills. This band combines with concert band and 9th grade band to make up the Cougar marching band in the fall for 4-5 Friday nights in September and October. The class is limited in instrument section numbers. Private lessons are advised and recommended. Class literature is of the advanced nature and extra rehearsals and performances are expected. This is an auditioned group. Concert uniform: Girls-Long black dress/skirt & top, Boys- Tuxedo

Jazz Band A, B

Credit: Fine Arts .25 credit each semester

Prerequisite: Concert Band or Symphonic Band - Admission by audition only

Length: 1 year

Grade Level: 10-12

Requirements: Students must be involved in another music performance group. Performances and concerts are scheduled outside of the regular school day and attendance is required.

Students will develop improvisational skills in playing and interpreting in the jazz idiom. This twenty-one-piece group is chosen by audition. Rehearsals are from 6:45-7:30 a.m. daily during the school year, September - June. The band performs for outside the school day gigs, festivals, and concerts.

Why did you choose this class?

I hope that your motivation for being in this class is based on a combination of a love of playing your instrument, a desire to make music with others who share that same love, the dedication to participate in a very high level of human endeavor, and the realization that being in this group is something very special that few others will ever experience. Most of you will never make a living playing music, but the difference it will make in your humanity will be significant. You may not make a living with music, but it may be one of the things that make your life worth living. This class is part of the Olympia School District Music and Arts Curriculum. It is not an Extra Curricular class.

Practicing your Instrument(s)

Practicing should be motivated by the love of playing your instrument, a desire to improve, and the willingness to support **The Band**. Regular playing by you outside of class is an expectation. What form that playing takes depends on your individual needs as a musician. If you are studying with a private teacher and reasonably advanced, you may only need to spend a few minutes each day working on band music. If you are reasonably advanced and not studying privately, you may still need only a few minutes a day to work up the band music, but you may also need to spend time working on a daily routine of exercises which challenge you to continue to refine your technical skills, tone quality, intonation, sight reading and musicianship. If the band music is a challenge for you, then you must regularly take whatever time is necessary to completely learn your part.

General Bandroom Discipline

Rehearsals begin promptly at the beginning of the period. Each member is to be in the room prior to the tardy bell, seated and prepared to tune within one minute of the tardy bell. School rules regarding promptness and attendance will apply, and promptness and attendance are also grading factors. **Tardiness and excessive absences cannot be permitted in any Capital High School Band.**

Rehearsals are not the time or place for reading, studying, or visiting. Personally I cannot tolerate talking in the band during class while I am working. If you cannot stop talking because you have no control, just leave. If you want to be the **Class Clown**, please entertain in The Commons during your lunch and not in my Bandroom during class. Also, as a general policy, no food or drink is allowed in the bandroom, practice rooms, and Theater.

Each member is responsible for the preparation of the music being rehearsed. If we are to function as band, you must learn your notes outside of class time. Evidence of your having done this is a factor in grading. Since our high school band is only as good as its weakest member, all members are expected to share equally in effort. Be sure you are fulfilling your obligations to the group.

Capital High School Bands
First Semester Schedule 2017–2018

Week 1 9/6–9/8 No Game Week

Rehearsals in class, Uniforms handed out
Basic Fundamentals

**Week 2 9/11–9/16 Game Week and Husky Band Day Saturday
FRIDAY Dinner Provided**

4:00 Percussion arrive and get set up, drum stands into the Stadium, Percussion Sectional at 4:30

4:15 Band arrives and goes into sectionals on the tunes we are performing.

4:30 Rehearsal begins on the field on the music etc we are performing for the Half Time Show

5:30 Leave the Stadium for **OHS Commons** for Dinner and Dressing

6:00 Get dressed

6:30 Step off for the Stadium

6:40 Stadium Parade

7:00 GAME

9:35 Estimated Game over

Saturday Husky Band Day separate How To Do

Week 3 9/18–9/22 No Game Week

Rehearsals in class
Basic Fundamentals/Concert Music

**Week 4 9/25–9/29 Game Week
FRIDAY Dinner Provided**

4:00 Percussion arrive and get set up, drum stands into the Stadium, Percussion Sectional at 4:30

4:15 Band arrives and goes into sectionals on the tunes we are performing.

4:30 Rehearsal begins on the field on the music etc we are performing for the Half Time Show

5:30 Leave the Stadium for **OHS Commons** for Dinner and Dressing

6:00 Get dressed

6:30 Step off for the Stadium

6:40 Stadium Parade

7:00 GAME

9:35 Estimated Game over

Week 5 10/2–10/6 No Game Week
Rehearsals in class
Basic Fundamentals/Concert Music

Week 6 10/9–10/13 Game Week
No School Friday but we still play.
FRIDAY Dinner Provided

4:00 Percussion arrive and get set up, drum stands into the Stadium, Percussion Sectional at 4:30

4:15 Band arrives and goes into sectionals on the tunes we are performing.

4:30 Rehearsal begins on the field on the music etc we are performing for the Half Time Show

5:30 Leave the Stadium for **OHS Commons** for Dinner and Dressing

6:00 Get dressed

6:30 Step off for the Stadium

6:40 Stadium Parade

7:00 GAME

9:35 Estimated Game over

Week 7 10/16 – 10/20 No Game Week
Rehearsals in class
Basic Fundamentals/Concert Music

Week 8 10/23–10/27 Game Week
FRIDAY Dinner Provided

4:00 Percussion arrive and get set up, drum stands into the Stadium, Percussion Sectional at 4:30

4:15 Band arrives and goes into sectionals on the tunes we are performing.

4:30 Rehearsal begins on the field on the music etc we are performing for the Half Time Show

5:30 Leave the Stadium for **OHS Commons** for Dinner and Dressing

6:00 Get dressed

6:30 Step off for the Stadium

6:40 Stadium Parade

7:00 GAME

9:35 Estimated Game over

- Week 9 10/30–11/3 Concert Week**
Fall Concert Monday Night October 30 7:00pm
- Week 10 11/6–11/10 Music Rehearsals in Class**
- Week 11 11/13–11/17 Music Rehearsals in Class**
Saturday 11/18 Jazz Band performs at
Rotary gig. Washington Center Performing Arts
- Week 12 11/20–11/21**
Prep Music for Sunday Parade downtown Olympia
11/26
TUESDAY Night Marching rehearsal at School.
Sunday Holiday Parade, meet by the B&B coffee
roaster place at 2:00. Marching Uniform, Santa Hat or
other Holiday headgear.
- Week 13 11/27–12/1 Music Rehearsals in Class**
- Week 14 12/4–12/8 Music Rehearsals in Class**
- Week 15 12/11–12/15 Concert Week**
Tuesday Night, 9th Concert Band, Concert
Band, 9th Strings, Choir @7:00,
Thursday Night, Wind Ensemble, Full Orchestra, Concert
Choir, Jazz Band @7:00,
FRIDAY Same Thursday groups for School Concert
Friday 12/15 Wind Ensemble Group Plays for Salvation
Army downtown on Franklin and Legion Way 4:00 to 5:15
- Week 16 1/2–1/5 Music Rehearsals in Class**
- Week 17 1/8–1/12 Music Rehearsals in Class**
- Week 18 1/15–1/19 Music Rehearsals in Class**
- Week 19 1/22–2/26 Finals Week??????????**

SCHEDULES ARE SUBJECT TO CHANGE!!!!!!!!!!

THANKS

Capital High School Music Dates 2017–2018

October 30	Fall Band Concert	7:00pm
November 1	Fall Choir Concert	7:00pm
November 2	Fall Orchestra Concert with Jefferson MS	7:00pm
November 18	Rotary Jazz Festival Jazz Band (WCPA)	All day
November 26	Downtown Oly Holiday Parade (Sunday)	2:30 pm
December 12	Winter Music Concert I	7:00pm
	9th Band, Concert Band, 9th Orchestra, 9th Choir	
December 14	Winter Music Concert II	7:00pm
	Wind Ensemble, Jazz Band, Symphony Orchestra, Symphonic Choir	
December 15	<i>Holiday Concert</i> in the Gym 10:00 during the day	
	Wind Ensemble, Symphony Orchestra, Concert Choir	
December 15	<i>Wind Ensemble/Jazz Band</i> Salvation Army Gig Downtown	
	4–5:30 pm	
January 27	Instrumental Solo/Ensemble Contest – Capital HS	
February 3	Choir Festival Solo/Ensemble – Timberline HS	All Day
February 13	CMEA Jazz Band Festival @ Black Hills	All Day
February 16–18	All State in Yakima	
March 6	Orchestra Concert W/E members	7:00pm
March 7	CMEA HS Orchestra Festival @ CHS	All Day
March 3	<i>Wind Ensemble</i> to Ellensburg	All Day
March 8	Choir Concert	7:00 pm
March 15/16	CMEA HS Choir Festival	All Day
March 13	Spring Band Concert	7:00pm
March 21/22	CMEA Band Festival@ North Thurston HS	All day
April 27/28	State Ensemble and Solo Contest CWU Ellensburg	
May 31	Band Concert	7:00 pm
June 5	Choir Concert	7:00 pm
June 7	Orchestra Concert	7:00 pm
June 14	Graduation call at 5:30	7:00 pm
July 21 Saturday	Lakefair Parade Bus @3:30	5:00pm

Bold Print indicates this is a required performance

2017/2018
Boys and Girls Basketball Performance Schedule
Capital High School Bands

12/1	Girls	Friday	Aberdeen HS	7:00 p.m. game
12/8	Girls	Friday	Penninsula HS	7:00 p.m. game
12/15	Boys	Friday	Yelm HS	7:00 p.m. game
1/5	Boys	Friday	North Thurston HS	7:00 p.m. game
1/10	Girls	Wednesday	Gig Harbor HS	7:00 p.m. game
1/12	Girls	Friday	Shelton HS	7:00 p.m. game
1/17	Girls	Wednesday	Penninsula HS	7:00 p.m. game
1/19	Boys	Friday	Timberline HS	7:00 p.m. game
1/26	Girls	Friday	Central Kitsap HS	7:00 p.m. game
2/1	Boys	Thursday	Gig Harbor HS	7:00 p.m. game

It looks like all games will be at 7:00 so the call time will be 6:15 in the bandroom. Don't be late as we begin as soon as the JV game is done.

**WARNING!!!!!!!! I CANNOT CONTROL THE ENDING TIME OF A JV GAME
!!!!!!!!!!!!!!!!!!!!**

• Call Time this is when you show up, put your music in order, warm up and go get seated. Most of the time the call will be 6:15. I will lock the upper door in the hallway when the band goes into the upper gym to play the job. If you are late, go through the door downstairs by the Gym Entrance and just tell the people nicely you are in the band.

• Games begin about 7:00 because of the League we are in and we play for 15–20 minutes (or more) before the tip off.

• The band performs for 10 games and you need to do 6 of the 10 **or more if you want.**

• Always enter through the upper door by the stage and please **do not bring a guest** with you unless you have cleared it first through Mr. Lundberg.

• At each game, all students will wear the band shirt previously designed. This shirt is your admittance into the game at the pass gate if you are late. Blue Jeans and White tennis shoes will do fine for the rest of your uniform. **Any other uniform will be discussed in class.**

• Each night there will be a signup sheet. Make sure you **PRINT** your name legibly. If we can't read it you don't get credit. You will need to sign up according to the **Class Period you are in during the day.**

Example: Wind Ensemble, 9th Concert Band, or Concert Band.

• The call time includes the Warm-up and music selection. Then the band will go to the upper gym and begin to play at the end of the J.V. game. **I cannot be certain when each JV game will conclude.**

• If you are playing at a game as an athlete, you do not need to be here for the gig.

• Percussionist's need to arrive early to **set up** the device and **take it down after the gig.**

• If you are a percussionist w/o set skills we will teach you!!!!

• Games usually conclude at about 8:45 or 9:00 on a good night depending on the start time.

• Please feel free to bring your dinner and eat it here in the hallway if you would like. I only ask that you not leave any mess as the custodians have already come through and cleaned the halls.

• If you are having trouble getting studying done please inform me and I will permit you to stay home or even come up to the room and work between the playing times. An example would be during the 1st Half and 2nd Half. I am really flexible.

• You get the 3rd Quarter off to eat at the snack bar. Say Please and Thank you and don't make a mess where we sit in the balcony. During this time, **do not run around the place like middle or elementary school children drawing attention to you. No loud screaming at each other. I don't care what he or she said about your boy or girl friend.** You will have to go sit with your parents!

•You are NOT permitted to leave after the Half-time music set, as that is when I check the names off the list so you get credit. HELLO??????

CHS Band Uniform Fee

New Members a.k.a. 9th Grade Students

The fee for new members is **\$45.00**. This covers the uniform cleaning charge incurred during the summer, a long sleeved black shirt issued when you received the uniform, (that shirt is part of your uniform for lots of reasons not discussed here), and the basketball Pep Band Shirt to be presented later. The prices on all these items vary but I try to keep it rounded to a reasonable sum.

Old Members a.k.a. 10th, 11th, and 12th grade Students

The fee for old members is **\$35.00**. This covers the combination of the Uniform Cleaning, General Supplies, and the Basketball shirt.

PERCUSSION a.k.a. Drummers Grades 9, 10, 11, and 12

Your fee for the year is **\$50.00**. This includes all shirts, gloves, sticks for marching band, and equipment for you and your instrument. Additional costs will be assessed to you if you find it difficult to take care of the Olympia School District owned instruments and accessories. Other things you need like concert sticks and mallets will be your responsibility. **You only pay the 50.00 and nothing else unless you break something!**

Again I try to round off these expenses to make things like this run smoothly in the band. If you have any questions, please feel free to call me at **596-8244** at school. If it is ever a financial burden, just let me know.

Checks should be paid into the ASB Office and made out to Capital High School Band. This can be done anytime through the month of **September**.

Again if you have any questions please call me at CHS **596-8244** direct.

Dan Lundberg, Director
dlundberg@osd.wednet.edu

Uniforms of The Band

Marching Band

Winds and Brass wear the regular Full Dress Uniform

You provide white shoes that are clean and have no other colors on them. CLEAN means white w/ no stains. Markings of the shoe manufacture are not allowed.

Ladies and Guys w/ long hair, it must be worn up under the hat to look uniform. White gloves are provided one time and then you pay 5.00 per pair if you loose them. Band members around you will steal them if you set them down.

Percussion wear all black. You provide black shoes AND SOCKS. You wear a hat that says Drummer and don't set it down.

Cymbals and Bell Players wear a yellow coat as is tradition and red gloves. You also wear black shirts, shoes, socks, and pants. Your hats say Cymbalist or Bell Operator.

ALL of you are responsible for each uniform part you are assigned. If you loose it, we really don't have any extras and you will also be required to pay for that item you lost. This includes Hats, Plumes, and Shoulder Braids. If you set your gloves down, someone will steal them. I am not kidding. Every group like this has students who will forget something, and take it from others is which is not allowed. That is stealing, and you will be turned in to the office.

9th Grade Concert Band

For all concerts and contests, you will wear the marching uniform w/o the hat and gloves. You will also need black shoes and socks/nylons for concertwear. Hair should look nice.

Concert Band

Ladies wear floor length black dresses with $\frac{3}{4}$ length sleeves. A floor length skirt and other type of top with long or $\frac{3}{4}$ sleeves is also another way to go. All girls will wear black nylons, and black shoes. However you want to make that happen is great. I do not want to see skin between the skirt and the top. Sleeve length should be $\frac{3}{4}$.

Boys wear black pants and shirt from the uniform and the red jacket. You also wear black shoes and socks. No hats

Wind Ensemble

Ladies wear floor length black dresses with $\frac{3}{4}$ sleeves, black nylons, and nice shoes

Boys wear a Tuxedo purchased by you. We have been getting them at G Miller Men's Store, downtown Olympia for about \$155.00. The past 15 years this has worked out well, as you don't have to rent one for extra events here at school that you would need one for. You also wear black shoes and socks.

Pep Band

We all wear the Pep Band Shirt handed out in class and jeans, shorts, or whatever. This is for Basketball Games and other informal events we go to perform at in the community. Sometimes the band will have a theme night to have fun. These will be discussed and are usually a lot of fun.

Frequently Asked Questions/Grading/Credit Regarding The Band

Football Games

Everyone performs at all home football games as the Capital High School Cougar Marching Band. It has been a tradition since 1983 when the 1st Marching Band came to be. We perform at the game and do all of the rehearsals before the game at 4:30. Dinner will be provided on most evenings at no cost to the student. We play until the game is over and then for 10 minutes after as people leave. Your parents are welcome to stay and listen. **Football Games are a required attendance performance just like a concert. Points and Grades. There are No nights off on a Home Game. See me for issues. Varsity/JV football, Drill Team, Cheerleaders will obviously be doing the football game.**

Ingersol Stadium

This is where the games are. The Stadium is on the campus of Olympia High School across town. It is unfortunate we don't have transportation but that has never been an issue in my 35 years of directing the bands at CHS. **Learn** to car pool and yes I know your coaches want you at turnout but we have a graded performance. When all else fails, do your best to get there. **Say Please and Thank** you even if they say no. Then tell me.

Uniforms and Fees

We wear a band uniform here from the school. It is different for some as the percussion section wears all black. The Uniform for the winds and brass is the same. The Uniform Fee is for all students. Please see the Uniform fee in the handbook for the cost break down. This can be paid to the ASB office and the receipt turned in to the bandroom. Assistance is available so just ask me. (See Uniform Page)

Practicing

I do not ask for practice time unless I hear progress is not being met. **We will discuss this more in class.** High School students and the demands of time are extreme. I expect music learned, and yes I do "go down the line" w/o notice. If you want practice time sheets just ask! I will expect you to practice and you probably learned that in Middle School. All we can ask for all our players is you do your very best all the time.

The Music/Bandroom (aka "The West Wing")

It is your room and it demands your respect. Please let Music Teachers know when something does not look right. **It** is a place for you to hang out and come when you are in a jam and need a safe spot. Don't leave a mess wherever you sit or stand. Other folks come here too. Most music teachers in the County/State are real jealous of the place!

Concert Fees

We do charge for our concerts at Capital. \$3.00 for students, \$5.00 for adults, \$10.00 for a family. **Grandparents are Free!** A student with an ASB card from any school on the planet is admitted free. At all times if this is a problem for parents, the

student should let the teacher know and a note will be written for a Pass. All money comes back to the students in support in many ways.

Concert Attendance

The band concerts are a time for the band to come together and perform. These are performances during the school year when it is at the end, or close to a grading period. **Your attendance at the concert is expected**, and not being at the concert is a loss of credit for the grading period. You have all been doing school concerts for a few years now and attendance to the whole group is important. Conflicts need to be fixed so get **me** involved in the process. See Grading Policy.

Grading Policy

If you are absent on a due date the work must be turned in the next day you are at school and the absence must be excused. **Grades will be determined by classroom work, and concert attendance/participation. They will be split as follows:**

Classroom work: Including but not limited to; participation, concert reports, practice journals, written assignments, and playing tests.

Concert attendance/participation: full credit in this category will be earned by fulfilling all expectations for a performance. **Students are expected to fully participate in all performance opportunities, including band travel on weekends.** Exceptions to this expectation will be rare and reserved for the **direst of circumstances.**

Grading/POINTS

1. Your participation in class each day is when you make your grade, and/or paycheck. Plain and simple I expect you to perform everyday as if it was a concert, ensemble, or solo festival. Yes everyone has a bummed day, and I figure that in when I watch and listen to you perform. **POINTS**

2. Having your instrument and music is a must. This is High School. I want you to perform everyday, and taking a day off is not the direction I prefer to go. **If** your instrument doesn't play let me see it before you take it to the shop. **POINTS**

3. Attitude is how you conduct yourself when we are working each day here at Capital or away from the building. Excessive talking by you and my teaching style don't mix and it never will. **POINTS**

4. Appearance is how you look in the uniform of the day. It is also how you conduct yourself when we are in uniform and representing Capital High School and The Olympia School District. Always look respectful and successful. This includes before and after the gig wherever we are. **POINTS**

5. Attendance. Don't miss the class time or be late. Yes issues come up. Sleeping in late because of an **IB Project Due** in another class is not acceptable. I am not a fan of the ongoing morning ortho appt. **POINTS**

6. Presentation is the public's perception. The **CHS Band**, and its reputation are very high, and you are very high profile in the Olympia area. The band is a very

traditional band program, and you must always know the public is watching, and/or listening. **Watch your mouth** wherever you are, that includes on school buses. Please do not embarrass you, the band, Capital High School, your parents, or me with bad decisions you make regarding language or other prohibited actions. You are “on the clock” with me until you leave the parking lot at Capital High School for whatever the event is. This also includes the Olympia High School parking lot for football games.

7. Work Ethic is what I teach at Capital High School. To most of your parents it is what we want you to know when you leave home to join the work force, enter the military, or attend some type of college. It provides **Leadership, Commitment, Critical Thinking Skills, and will help you to work and play well with others. We call it “Life Lessons”**

8. How you care about the band. This band program is a major part of Capital High School. It is a class you will go to each day and succeed at what you do. Trying hard and putting all the effort you can into the subject will, in the long haul, make you a better person.

Personal Electronics MOBILE PHONES!!!!!!!!!!!!!!!

Don't have them in class on the music stand, in your pocket, or on your chair where they get to bother you. I will collect them. These products are just distractions to you and people around you. Keep them in your backpack and **OFF! Do not wear headphones into my teaching area.** That begins at the front door. **I will collect your electronic device and give it to an administrator in a Ziploc bag. Depending on my schedule it might not be until after the school day. Waiting for a message from your parents is not acceptable. See an administrator!**

Instrument Storage

We have lockers for you to keep your instrument stored in. The room is open about 6:30 in the morning and closed around 5:00 in the afternoon. You will be provided a lock for the safety of your instrument. If you bring your own lock I will cut it off as most of you will be sharing lockers for your instrument and music.

The Schedule

This is what we must live by for the smooth running of this band. The Schedule for the 1st Semester is included in this handbook.

The “How To Do”

This is an instruction sheet on how to deal with a game day, special appearances, extra gigs, a surprise attack on some unsuspecting music fan, and more. It usually goes by a clock schedule. If you are not used to a clock and a schedule, you are in the wrong class.

Private Lessons

I think they are great and for everyone. I still try to have a couple of lessons a year with my college teacher in Vancouver, Washington. The bands at Capital High School are advanced compared to other high school bands around the state. This advanced status is due in part to many students taking private lessons and hard work. Private instruction from a qualified teacher is highly recommended to help you gain the most from your involvement with your instrument. You are strongly urged to consider this step. Interested students should see Mr. Lundberg about the availability of teachers. Private study is not a grading criterion in any direct sense. The number of teachers in the area is great. Go for it! I have a list.

Pep Band

All of the band students form the **Pep Band** for **Basketball season**. You will get a shirt and a schedule and need to be available for the 5 to 6 games we perform at. If you are in the sport you won't be with the band.

My Office

If the door is closed, don't open it to talk. I am usually on the phone or having a discussion with one of your friends, or a member of the music staff. I know all questions are important, and you are all trying to do a good job by asking questions. Just wait, you will be fine. **If someone is injured in the classroom, yes open the door.**

Field Trip Forms and Health Cards

These will be handed out to you to complete and turn in to me. On a serious note, I can walk into any Emergency Trauma Room with you and if I have that card we can get right to work putting you back together or fixing your problem. Please get these done.

Music Department Restroom

The Music Staff restroom is available to students. **Do not** abuse the room as you see in other restrooms in the school. **Do not** assume it is always going to be available to you during class. **Do not** leave a mess. Put the seat down and put hand towels in the trashcan when you are done (BOYS!). **Do not** shut the door when you are done as it automatically locks and then I have to unlock it. **Unless you have an emergency, using the restroom during rehearsal is not allowed. Please if you are going to be sick, LEAVE!!!**

SPSCC and You

Some of you have the rare opportunity to take some classes at South Puget Sound Community College. Please be aware you have a responsibility to the band, as it is part of your curriculum. The band **is not** an extra curricular activity and you are not a fulltime college student. Missing a band performance or class final because you have your college class is not a valid reason to be gone. Most issues are handled on an individual basis.

Students in Sports, Drill Team, and Cheerleading are held to a high standard in class especially if you will be missing a performance while you are sporting, drilling or cheering. Please see me as soon as you can if the possibility of a conflict will get in the way of your attendance at a performance. The week before is not acceptable before we perform a concert, festival, or are travelling to a performance. I enjoy sports and other activities here at Capital High School. Please remember your sport or activity is not on your transcript. Check the year schedule and please make adjustments now.

Capital High School Fight Song, 1975

(University of Houston Cougars)

Adopted by Don Mill, 1st Band Director of Capital High School 1975–1983

Fight, Fight, Fight You Mighty Cougars
And Go On To Victory
Fight You Cougars on to Victory,
For The Cardinal and the Gold.
For Win or Lose the Truth is Plain to See,
That We are True and Bold.
Hail to Capital, The School of Great Teams.
Hail to Capital, the School of Great Dreams.
Fight, Fight, Fight You Mighty Cougars
And Go on to Victory!
C–O–U–G–A–R–S!

Other Thoughts

I didn't choose the Band Life,
The Band Life crawled from the depths of Hell,
grabbed me in a chokehold, and dragged me into the flames.
But, it's kind of fun down here.

Opportunity is missed
by most people because it is dressed in overalls
and looks like hard work.

Stick To The Plan
Just Do The Job
Leave It Better Than You Found It

To Be Early, is to be on time
To Be On Time, is to be late
To Be Late, is to be left
And we took all the pop and the food.
(Bill Bissell, University of Washington Husky Band)

You can choose your action but you can not choose your consequence

**Who Rocks The House, The Band Rocks The House
And When We Rock It,
We Rock It All Night Long– Good Night!**
(Sarah Lloyd, Drum Major/John Philip Sousa Winner 1999)

“Best In The West”

*Please sign, detach and return this sheet, health travel card, student survey and the permission to travel by **Monday, September 11.***



Student Survey

Name: _____ Instrument: _____

Grade: _____ Do you take private lessons? _____

If yes, with whom: _____

If no, would you like help finding a private teacher? _____

Do you play any other instruments, and if so, what? _____

What are your musical goals individually and as a group, in the near future and the distant future?

What activities are you involved with outside of school? _____

Anything else you think I should know? _____

CHS Band and Parent Contract Page
I have read and understand the CHS Band Handbook

Student Signature: _____ Date: _____

Student Name: _____ Date: _____

Parent Signature: _____ Date: _____

Parent Name: _____ Date: _____

Student Phone _____ Email _____

Parent Phone _____ Email _____

I am in 2nd Period Wind Ensemble
 3rd Period Concert Band
 4th Period 9th Grade Concert Band