



CHS Cougar Connection

Capital High School, 2707 Conger Ave. S.W. Olympia, WA
98501 (360)596-8000
www.chs.osd.wednet.edu



October, November,
December 2011

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Winter Sports clearance begins

October 24th. Winter Sports Include Boys Swim, Girls/Boys Basketball, Gymnastics & Boys/Girls Wrestling.

First day of practice for Gymnastics is November 7th. For all other winter sports first day of practice is November 14th.

In order to clear for a sport you must fill out the sports packet, have a current physical dated after May 1st, and all fines paid in full. Sports packets can be picked up at the ASB office or you can print them from the OSD website or our CHS website.

If you have any questions please call Krista Johnson in the Athletic Office 596-8073

QUICK TIPS:

The end of the first 6 weeks of school is October 19th.

Progress Reports should be available on Family Access by October 21st.

December 2nd will mark the end of the 12th week of school and Progress Reports should be available on Family Access by December 4th.

Parents please mark your calendars for the CHS Career and College Fair, Wednesday, October 26th at 6:30 p.m. in the theatre.

CHS encourages students to leave expensive electronic items at



LATE BUS DAYS

Olympia School District morning buses pick up 1 hour late on the following Wednesdays during the 2011-2012 school year:

October 5, November 2, December 7, January 4, February 1, March 7, May 2, and June 6th.

Call the Transportation office at 596-7700 with route and time questions, or you can access the information on-line at the Olympia School District website: www.osd.wednet.edu



The Capital High School **Tutoring Program** is available Monday through Thursday!



When? After School **Where?** The CHS Library

Students can receive tutoring in Math and science, as well as other subject areas. Mondays are special days for Spanish tutoring. Come one, come all!

News from the CHS Library

Excellent databases are available with full-text articles for research projects in any subject area. Follow these easy steps:

FIND THE CAPITAL HIGH SCHOOL HOME PAGE:

chs.osd.wednet.edu

ON THE BANNER AT THE TOP OF THE PAGE, CLICK ON:

LIBRARY

SELECT:

Proquest - for magazine & newspaper articles

Electronic Library - for book articles, maps, transcripts, periodicals

Username = wa019remote

Password = remote001

Culturegrams - for information on every culture from every country in the world.

Username = washstate019

Password = child19

DON'T FORGET THE TIMBERLAND REGIONAL LIBRARY SYSTEM HAS TEN TIMES MORE DATABASES TOO!

Visit trl.org and click on Research, then Reference Databases at the top. You will need your library card number to access these databases.

Cut this out and tape it to the monitor! Have access on Sunday nights!



Important Dates



- 10/26/11 Career and College Fair-CHS Commons 5:30-7:30 p.m.
- 10/27-10/29 CHS Playmakers fall production, **Play On!** 7:30 p.m. Theatre
- 10/28 School Photo re-take day (order forms are available in the main office)
- 11/1 Orchestra concert 7:30 p.m.
- 11/2 B Schedule-**OSD morning buses run 1 hour late**
- 11/2 Choir Concert 7:30 p.m.
- 11/3 Band Concert 7:30 p.m.
- 11/5 SAT Test at OHS
- 11/6 Daylight Savings times ends, set clocks 1 hour back
- 11/9 B Schedule
- 11/9 Senior Parents: Senior Ad Workshop-Pod A 6:00 p.m.-7:30 p.m.
- 11/11 **NO SCHOOL-VETERAN'S DAY HOLIDAY**
- 11/16 B Schedule
- 11/17 C Schedule-Advisory
- 11/17 Financial Aid night @**Olympia HS**-6:30 p.m.
- 11/23 B Schedule-Clubs
- 11/24-11/25 **NO SCHOOL-THANKSGIVING HOLIDAY**
- 11/30 B Schedule
- 12/3 SAT test at OHS
- 12/7 B Schedule-**OSD morning buses run 1 hour late**
- 12/13 Band, Choir, Orchestra Holiday Concert #1 (younger grades) 7:30 p.m., CHS Theatre
- 12/14 B Schedule
- 12/15 C Schedule-Advisory
- 12/15 Band, Choir, Orchestra Holiday Concert #2 (Older grades)7:30 p.m. CHS Theatre
- 12/16 H Schedule-Holiday Music Assembly
- 12/17-1/2/12 **NO SCHOOL-WINTER BREAK**
- Tuesday, 1/3/12 School resumes-8:00 a.m.
- 1/4/12 B Schedule-**OSD morning buses run 1 hour late**
- 1/12/12 10TH & 11TH Grade Parent Night, 6:00 p.m.-CHS Commons
- 1/16/12 NO SCHOOL-MARTIN LUTHER KING, JR. DAY

CONGRATULATIONS
to CHS Senior
Shweta Dixit ! She has
been named a
National Merit
Scholarship



Congratulations Class of 2015 Officers!

President: Carolina Watts

Vice President: Anne Phan

Secretary/Treasurer: Sydney Soetenga

Senators: Varshi Bachu, T.J. Haslett & Naomi Yamamoto



Parents: Did you know you can access your student's grades and information on-line with **Skyward Family Access? Family Access** provides you with information regarding your student's attendance, discipline, immunization records, food service account, and lets you access their teachers' grade book, to view assignments and current grades. Don't already have **Family Access?** Follow the link below to download and print out a request form, then mail it to: **CHS Family Access, 2707 Conger Ave. N.W., Olympia, WA 98502**

Forms will be available at freshmen/new student orientation, and in the main office. Your form will be processed quickly and you will receive your password via email!

http://osd.wednet.edu/media/pagefiles/1370.fa_registration_form.pdf

Traffic Safety

Looking for a driving class? Winter Traffic Safety classes for CHS students will begin on December 6th and run through February 23rd. Spring Traffic Safety will run from February 28th through May 10th. Forms are available to pick up in the front office.

Contact Rachel Beard with any questions 596-8015.



We have started our academic boot camp program this year. This program targets students who have historically struggled in school and are currently failing one or more classes. We are dedicated to ALL of our students graduating on time and we believe that students who are struggling academically need more time and support to make that happen. Last year 48% of our students in the program showed significant academic improvement. Thanks again for your continued support of Capital High School.



Attention Senior Parents! This is your last chance to create your senior's ad for the yearbook. Come to Pod A on Wednesday, November 9th from 6:00-7:30 p.m. with your desired text and pictures to design an ad with a member of the yearbook staff. Prices are \$200 for a half page and \$125 for a quarter page.

CHS DRESS CODE

The administration and staff at Capital High School are committed to providing a quality learning environment for all students and teachers. To help maintain this goal, the following dress expectations will be maintained.

- Shorts and skirts must be no shorter than **4 inches above the middle of the knee**.
- Shirts must cover the stomach, back, shoulders, and chest. Tube tops, halter-tops, spaghetti strap tank tops and only one shoulder strap are not appropriate for school.
- Cleavage must not be visible.
- "See-through" material is not appropriate for school.
- Undergarments or clothing worn as undergarments must not be showing. This includes pants worn so low that garments worn under the pants are showing.
- Shoes or sandals must be worn at all times.

Students may not wear clothing or accessories that:

- Advocates or conveys alcohol or drug usage messages
- Promotes violence or illegal activity
- Demeans or degrades individuals or groups of people
- Exhibits sexual innuendos, blatant sexual messages, vulgarity, profanity or other inappropriate language
- Interferes with the operation of the school or classroom
- Is determined by local law enforcement to be affiliated with gangs

If a student's clothing is objectionable under these provisions, a staff member will request the student make appropriate corrections. If a student refuses to comply, the appropriate discipline action for non-compliance or willful disobedience will result. This policy is in effect for all school related events on or off campus. Please refer to the Student Handbook for Capital High School policies and procedures.

Important Attendance Information

Attendance Line: 596-8019



CHS Parents/Guardians! Please phone the CHS Attendance line at 596-8019 up to 24 hours in advance to release your student for appointments during the school day. It is very hard for us to pull your student from class when you show up at the office and need them right

away. Please help us help you by phoning ahead. We'll deliver a note to the student's class so they can meet you at your car and you won't even need to come into the building if you're in a hurry!

I.B. News

The registration period for Capital's 2012 International Baccalaureate program will remain open through Friday, November 4th. Juniors and seniors pursuing IB credit must submit a completed registration form and an ASB receipt for registration fees to Mr. Herinckx, the IB coordinator, by the deadline in order to qualify for IB credit at the end of the school year. Don't delay, register today!



***Capital High School Playmakers
Proudly Announces its 2011 – 2012 Season***

Play On!

By Rick Abbott

Gerry is trying to direct the production of *Murder Most Foul*, but with her unfocused cast, overworked theatre techie and interfering playwright it seems that the show will never get off its feet. This hilarious show takes the audience from the final rehearsals all the way to opening night. Will this community theatre group be able to pull off this production, or will the show be an absolute disaster?

Performances: October 27, 28, 29 and November 4 & 5 all at 7:30 p.m.

Student Matinee - October 26 (8:30 a.m.)

Our Town

By Thornton Wilder

Pulitzer Prize winning author for his play *Our Town*, Thornton Wilder gives us a glimpse into small town America at the turn of the 20th Century. The Stage Manager takes the audience through the journey of daily life, love and marriage and then examines death and eternity through the experiences of George Gibbs and Emily Webb. Even though this play was written in the 1930's; the themes are as relevant today as they were then. Poignant and beautiful, this play reminds us of the common human experiences that transcend time and place.

Performances: January 19, 20, 21, 26, 27, 28 @ 7:30 p.m.

Student Matinee - January 25 (8:30 a.m.)

How to Succeed in Business Without Really Trying

Music and Lyrics by Frank Loesser

Book by Abe Burrows, Jack Weinstock and Willie Gilbert

Based on "How To Succeed In Business Without Really Trying" By Shepherd Mead

J. Pierrepont Finch comes across a book on "How To Succeed In Business Without Really Trying" and follows the directions up the ladder of success. Set in the 1950's corporate environment of the World Wide Wicket Company, Finch meets the lovely Rosemary and rival Bud Frump; but will they distract him and keep him from winning the respect and admiration of company president J.B. Biggley? With humor, jazzy musical numbers and dynamic characters, this show continues to please audiences young and old alike!

Musical Performances: May 3, 4, 5, 10, 11, 12 @ 7:30 p.m.

Student Matinee - May 9 (8:30 a.m.)

CAPITAL HIGH SCHOOL

2707 Conger Avenue, Olympia, WA 98502

BOX OFFICE: (360) 596-8053

FAX: (360) 596-8001

**SUBSCRIBE TODAY
AND SAVE 15% ON
THE ENTIRE SEASON**
BUY NOW!

Quantity	Day	Description	Full Price	Your Price	Total
	First Friday	Adult	\$26.00	\$22.00	
	First Friday	Student/Senior	\$19.00	\$16.00	
	First Saturday	Adult	\$26.00	\$22.00	
	First Saturday	Student/Senior	\$19.00	\$16.00	
	Second Thursday	Adult	\$26.00	\$22.00	
	Second Thursday	Student/Senior	\$19.00	\$16.00	
	Second Friday	Adult	\$26.00	\$22.00	
	Second Friday	Student/Senior	\$19.00	\$16.00	
	Second Saturday	Adult	\$26.00	\$22.00	
	Second Saturday	Student/Senior	\$19.00	\$16.00	

Name: _____
 Address: _____
 City, State, Zip: _____
 Home Phone: _____
 Work Phone: _____
 Email Address: _____

TOTAL: _____

Method of Payment
 Check
 Check # _____
 Cash

Renew my subscription for same days and seats. _____
 Renew my subscription for different days and/or seats. _____
 I am a new subscriber. _____
 Seats requested. _____

For Office use only
 Date processed:
 Seats assigned:
 Staff initials:

2011-2010 Season
Play On! By Rick Abbott...Oct. 27, 28, 29
 Nov. 4, 5
Our Town By Thornton Wilder...Jan. 19, 20, 21, 26,
 27, 28
How to Succeed...May 3, 4, 5, 10, 11, 12

Information from the Counseling Center:

Did you know that you may limit your child's cell phone activity during a particular time of day?

Did you know that you may have the ability to locate your child through your cell phones at any time of day?

We spoke with a few different cell phone companies and found the following information to share with parents. We encourage you to contact your carrier to obtain specific information regarding their services.

You have the ability to disable the phone during hours of the school day as well as nighttime hours when your child should be getting 8-9 hours of sleep.

***You can still allow select phone numbers (such as your own) or other emergency numbers to be used during the restricted hours.**



Usage Allowances enable you to set limits for voice minutes and messages that can be used during a billing cycle.



Time Restrictions allow you to limit and control cell phone use during a certain time of day or day of week.



Blocked Numbers allows you to restrict calls and messages from numbers that you designate.



Trusted Numbers may be allowed regardless of any other usage controls or restrictions.

Through some cell companies you may also locate your child at any time of day and receive alerts when they travel outside a particular area, such as school grounds.

*www.verizonwireless.com/usagecontrols

Quote: *“One today is worth two tomorrows.”*

-Benjamin Franklin





Counseling Corner

The school year has gotten off to a fast and furious start in the Counseling Center!

We had the opportunity to meet with the **Class of 2015** in small groups in October. We wanted to introduce them to the Counseling and Career Center, getting them familiar with what services are available and how to access them. During November, we will meet again for a 2-day workshop. One day will be spent in the Career Center learning about graduation requirements, course selections, and to begin a discussion of options after high school. The second day will be in the computer lab learning about *Career Cruising*. This program will be used to explore their interests, career options, and post-secondary plans while building their High School & Beyond portfolio - a graduation requirement.

The Class of 2012 has been learning more about college applications, letters of recommendation, and continuing to explore options through classroom presentations. Their parents came to school on October 6th to hear the information as well. All presentation material can be viewed on the website. Please check the Senior Information site.

October 26 is an exciting day at Capital High School – CHS will be hosting the Olympia School District's *first* **College & Career Fair**. The event will be held from 5:30pm to 7:30p.m. Representatives from colleges, universities, local businesses, military branches, apprenticeships and volunteer opportunities will be on hand. There will also be workshops on financial aid, transitional programs, and general college preparation. We are looking forward to seeing everyone – let's make this an annual event!

Financial Aid Night will be on November 17 @ 6:30p. It will be held this year at Olympia High School. This is an important event for senior

Students and parents had the opportunity to complete a Needs Assessment for the Counseling Department. We hope to take the information and, in conjunction with the School Improvement Plan, continue to develop programs to meet the needs of the Capital HS community. We feel fortunate to have such a supportive community – thank you!

OLYMPIA SCHOOL DISTRICT 2011-2012 School Year Calendar

September 2011	October 2011	November 2011	December 2011
MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI
1 2	3 4 5 6 7	1 2 3 4	1 2
6 H 7 P 8 9	10 B 11 12 LS 13 14	7 8 9 10 11	5 6 7 8 9
12 B 13 P 14 15 16 18 NS	17 18 19 20 21 NS	14 B 15 16 17 18	12 B 13 14 LS 15 16 18
19 20 21 22 23	24 B 25 26 27 28 Madison ES	21 22 23 24 25 H H	19 20 21 22 23 Winter Break
28 B 29 30 Olympia HS	31	28 B 29 30 Crested HS	28 29 30

ES & MS Conferences - Oct 10-14

January 2012	February 2012	March 2012	April 2012
MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI
2 3 4 5 6	1 2 3 4 5	1 2 3 4 5	2 3 4 5 6
9 B 10 11 12 13	8 7 6 5 4	6 5 4 3 2	9 10 11 12 13 Spring Break
16 17 18 19 20	13 B 14 15 16 17	12 B 13 14 15 16	16 B 17 18 19 20
23 B 24 25 26 27	20 21 22 23 24	19 20 21 22 23	23 24 25 26 27
30 31	27 B 28 29 Lincoln ES	28 B 29 30 Jefferson MS	30

Elementary Conferences - Mar 19-23

May 2012	June 2012	July 2012	August 2012
MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI	MON TUE WED THU FRI
1 2 3 4	1	2 3 4 5 6	1 2 3
7 8 9 10 11	4 5 6 7 8	9 10 11 12 13	6 7 8 9 10
14 B 15 16 17 18	11 B 12 13 14 15	18 B 19 20	13 B 14 15 16 17
21 22 23 24 25	18 19 20 21 22	23 24 25 26 27	20 21 22 23 24
28 H 29 B 30 31 Hansen ES	25 26 27 28 29	30 31	27 B 28 29 30 31

B = REGULAR BOARD MEETINGS **HIGH SCHOOL GRADUATIONS:** AHS June 7 - CHS June 8 - OHS June 16
ORLA June 14 - Transition Program June 12

Key Dates	Academic Periods	Student Assessment Testing																																																																																																
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