

# Capital High School COUGAR CONNECTION



"The CHS community inspires all learners to think, explore, and grow."

March/April 2011

## *New State Testing for Math- What does that mean for my student?*

Beginning in the spring of 2011, students in grades 7-12 will begin taking "End-of-Course" math exams. The state is moving to end-of-course exams so students can be tested on the knowledge and skills they've gained from a specific course rather than on a comprehensive test like the High School Proficiency (HSPE) that assess overall knowledge.

We will be testing students on June 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> using our two hour late start schedule which we did for the recent HSPE. All students enrolled in Algebra I or above will be required to take one or two tests depending upon both their grade level and currently enrolled math course. Math teachers will be sharing the specifics with their students in the next few weeks.

The Legislature is currently discussing the "end-of-course" assessments and may make changes during this session. Please stay tuned for further information once we become aware of any changes.

### **The Final Cougar Connection**

newsletter of the school year will be published on our website on the following date:

**MAY 20, 2011**

**Due to rising costs and budget constraints, newsletters will no longer be mailed home.**

**Newsletters will be posted on our website and copies will be available in the main office.**

**\*Visit our website [chs.wednet.edu](http://chs.wednet.edu) for our school calendar and other**



*The Annual CHS  
Horticulture Club Plant Sale will  
be before Mother's Day. Watch  
the website for dates and times!*

**\*Visit our website [chs.wednet.edu](http://chs.wednet.edu) for our school calendar and other important information \***



### Important Dates

March 26	Powder Puff Football Game- 3p.m. Ingersoll Stadium
March 26	Sadie Hawkins Dance- 9:00 p.m.-Midnight CHS Commons
March 30	B Schedule
March 31	C Schedule (Senior meetings & ASB elections)
April 4-8	<b>NO SCHOOL-SPRING BREAK</b>
April 12	HSPE Testing- Science (testing from 8-10a.m., classes begin at 10:10 a.m.)
April 12	CHSPO 7:00 p.m.
April 13	<b>NO LATE START! A Schedule</b>
April 14	C Schedule
April 14&15	Anti Texting & Driving (See page 5 for additional information)
April 16	Make up day for <b>Seniors</b> , 9:00 a.m. to Noon
April 20	B Schedule
April 21&22	<b>NO CLASSES</b> (Culminating Projects & Student Led Conf. by appointment)
April 27	B Schedule
April 28	C Schedule (Senior exit forms & class elections)
May 4	B Schedule (A.M. BUSES RUN 1 HOUR LATE)
May 6	<b>NO CLASSES</b> (Culminating Projects & Student Led Conf. by appointment)
May 7	SAT Test @ O.H.S.
May 10	CHSPO 7:00 p.m.
May 11	B Schedule
May 12	C Schedule
May 18	B Schedule
May 20	Final Newsletter of the school year posted on website
May 21	Make up day for <b>Seniors</b> , 9:00 a.m. to Noon
May 24	Arts & Recognition Night
May 25	B Schedule
May 30	<b>NO SCHOOL-Memorial Day Holiday</b>
June 4	Free Sports Physicals (see page 3 for schedule and information)
June 4	SAT test @ OHS
June 11	Prom 9:00 p.m. Red Lion
June 14	CHS Graduation, 7 p.m. St. Martin's Marcus Pavilion
June 16	<b>Senior</b> make-up day, 9:00 a.m. to Noon
June 22,23,24	Final Exams
June 24	Last day of school, 11:07 release time

### **Attention Parents:**

**Did you know you can set up daily, weekly, or monthly grading notifications via email through Family Access? From the Family Access main screen, select "Email Notifications" and set up your own custom notifications. Not signed up for Family Access ? Fill out and send in to CHS the form on page 6 and we'll get you signed up!**



## Summer Traffic Safety

It's time to sign up for summer Traffic Safety. The class will run from May 24th through July 14th. Students will meet on Tuesdays and Thursdays from 2:50-4:50 while school is in session, then Tuesday, Wednesday, and Thursday at Jefferson Middle School after school is out on June 24th. We must have a minimum of 25 students to run the class. Forms are available to pick up in the main office, or to download from our website. Contact Rachel Beard at 360-596-8015 with any questions.

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## FREE STUDENT SPORTS PHYSICALS Saturday, June 4th

Capital High School is pleased to once again offer FREE SPORTS PHYSICALS for Olympia School District students who plan on playing school sports in the 2011-2012 school year.

### Schedule

8:00 a.m. In-coming Freshmen Girls  
 9:00 a.m. Sophomore girls  
 10:00 a.m. Junior & Senior Girls  
 11:00 Lunch  
 12:00 In-coming Freshman Boys  
 1:00 p.m. Sophomore Boys  
 2:00 p.m. Junior & Senior Boys



## With Spring Weather Approaching, it's Time To Review the C.H.S. Dress Code

The administration and staff at Capital High School are committed to providing a quality learning environment for all students and teachers. To help maintain this goal, the following dress expectations will be maintained:

- Shorts and skirts must be no shorter than **4 inches above the middle of the knee**.
- Shirts must cover the stomach, back, shoulders, and chest. Tube tops, halter-tops, spaghetti strap tank tops and only one shoulder strap are not appropriate for school.
- Cleavage must not be visible.
- "See-through" material is not appropriate for school.
- Undergarments or clothing worn as undergarments must not be showing. This includes pants worn so low that garments worn under the pants are showing.
- Shoes or sandals must be worn at all times.

Students may not wear clothing or accessories that:

- Advocates or conveys alcohol or drug usage messages
- Promotes violence or illegal activity
- Demeans or degrades individuals or groups of people
- Exhibits sexual innuendos, blatant sexual messages, vulgarity, profanity or other inappropriate language
- Interferes with the operation of the school or classroom
- Is determined by local law enforcement to be affiliated with gangs

**If a student's clothing is objectionable under these provisions, a staff member will request the student make appropriate corrections. If a student refuses to comply, the appropriate discipline action for non-compliance or willful disobedience will result. This policy is in effect for all school related events on or off campus. .**



## WHAT PARENTS NEED TO KNOW ABOUT THE C.H.S. ATTENDANCE POLICY:

Attendance Number: **596-8019**

- PLEASE CALL TO EXCUSE STUDENTS-WE DO NOT ACCEPT NOTES.
- PLEASE CALL WELL AHEAD OF TIME TO RELEASE STUDENTS FROM CLASS EARLY FOR APPOINTMENTS.
- STUDENTS MUST FILL OUT AN EXTENDED ABSENCE FORM AHEAD OF TIME IF THEY ARE PLANNING ON BEING ABSENT FOR 3 OR MORE DAYS.
- PLEASE CHECK OUT THE C.H.S. STUDENT HANDBOOK FOR ADDITIONAL ATTENDANCE INFORMATION.

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## Quote of the Month

*"In the Spring, I have counted 136 different kinds of weather if 24 hours."*

*-Mark Twain*



# Debate Update

By: Debate Coach Jim Anderson

Capital's Speech and Debate team had a strong finish at the State Speech and Debate Tournaments at UPS this March. In Individual Events, the Cougars took 2nd in the 2A/3A division, thanks to strong performances by Sampath Duddu (5th place, Oratory), Jackson Burgess (3rd, Impromptu), Grace Lynch (2nd, Impromptu). We also had a state champion: Josie Coury took 1st place in Oratory. Senior Vamsi Chunduru was nominated for the Erik Helppie award, the most prestigious individual merit for Speech and Debate that the WSFA provides. He was recognized for his competitive accomplishments--and, more important, for his service to the team and to the community--with a 3rd place finish.

Our debate team is recognized in the area for competing with class and character, and it reflects well on the spirit and community we have here at CHS and in the Olympia School District.

As a coach and a Capital Cougar, I could not be more proud of our team.

Now that the competitive season is over, watch for upcoming fundraisers, demonstration events, and more!

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Our wonderful **AWARD WINNING** C.H.S lunch ladies are requesting students to please pay any negative balances on their lunch accounts **as soon as possible**. The end of the school year is rapidly approaching and having a negative balance on your lunch account could prevent you from receiving your final grades or diploma in a timely manner! Questions about your lunch account? Call Food Services at 596-7007.



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## Texting and Driving Event at Capital!

**Mark your calendars! April 14-15**

We are all aware of the problems associated with drinking and driving but fatalities are on the increase due to texting and driving.

Our student government decided to focus on this teen issue this year culminating in a texting and driving event on April 15<sup>th</sup>. You will receive a letter home via email and website posting describing this event in more details. Please watch for this email on April 11<sup>th</sup>. Questions? Contact Michelle Anderson, 506-8068

# FAMILY ACCESS REGISTRATION FORM

Thank you for requesting access to your child’s educational record in Skyward Family Access. We welcome you and hope you will find this an important communication tool in our quest to provide the best education for your child.

To activate your Family Access Account, please provide the following information:

**Your Name:** \_\_\_\_\_  
(Please Print Your Name Clearly)

**Student(s) Names** *Please list all children who live with you (or have lived with you), and have or are attending any schools in the Olympia School District. Please describe the relationship of the child to you.*

\_\_\_\_\_

\_\_\_\_\_

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**Your e-mail Address:** \_\_\_\_\_  
(Please Print Clearly)

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Return this form to the school office. You should receive an e-mail advising you of your new user name and password within 3-5 business days.

If you have any questions, please contact the Student Information Systems Office at 596-6150 , or Michelle Anderson, CHS Assistant Principal at 596-8012. . We look forward to working with you!

**Drop off form in C.H.S. main office, or mail to:**

**C.H.S. FAMILY ACCESS**  
**2707 Conger Ave. N.W.**  
**Olympia, WA 98502**

**DISCLAIMER:**  
Please note: the Olympia School District does not support off-site technology. For equipment, system, or browser support, please consult your computer dealer or software vendor.



## SENIOR NEWS

### “Information from your class of 2011 parent representatives!”



**Baccalaureate** [bak-uh-lawr-ee-it] *n.* a centuries-old graduation tradition that started in Europe, however in the contemporary United States, refers to a **celebration which honors a graduating senior class** from a high school or college, and that is held a few days before graduation.

The friends and family of our graduating seniors are invited to attend **Capital High School’s Class of 2011 Baccalaureate on Sunday, June 5, 2011, from 2-3:30 pm in the CHS Performing Arts Center/Theatre.** At this non-denominational event, we will celebrate students’ talents, gifts and accomplishments, share inspirational messages and memories, as well as enjoy music and light refreshments.

**Watch for more information to come!**

#### **Have you ordered your cap and gown?!**

*Don’t wait!* It’s fast and *easy*. Go [www.jostens.com](http://www.jostens.com).

In the upper-right corner of the home page, click “Shop”, then select Capital High School and Olympia. The site will then display what is available for CHS seniors, including the basic cap and gown package.

**Questions?** Contact our Josten’s Representative, Eliot Brimage, by **phone** (253-210-0575), or by **email** ([eliot.bromage@jostens.com](mailto:eliot.bromage@jostens.com)).

### **The 2011 Graduation Celebration!**

## **“The ONE for “The Ones”**

No other graduation celebration will pack *this* much fun into a all-night party as **THIS** one! Graduating CHS seniors will celebrate with fabulous food, music and dancing, a wide variety of games and activities, and much, *much* more, all safe, chauffeured, and surrounded by their fellow graduates, and *all* for the price of one ticket!

And there are still tickets remaining! Just \$145, you can buy yours—*and/or* make a financial contribution to help sponsor *another* student’s celebration—in the **Commons during both lunch hours on Thursday, 3/31, and Friday, 4/1.** If that isn’t convenient, you can buy your ticket directly. Send the graduating senior’s name and phone number, as well as the parent/guardian’s name and phone number, *with* your check payable to “CHS Class of 2011” to:

**CHS Class of 2011  
c/o K. Kimbler—Treasurer  
4326 5th Ave NW  
Olympia, WA 98502**

**Note:** This event is totally planned, sponsored and chaperoned by the Senior Class Parents, with our goal being to provide these young adults with a more safe and sensational celebration than they thoughts was legally possible, all rolled into a night they’ll never forget!

If you have any questions, contact Pam Kentner ([pamkentner@comcast.net](mailto:pamkentner@comcast.net) or 360-866-3778).

**Look for “Capital HS Senior” on Facebook!**

**Don’t miss the bus!  
Get your ticket and celebrate with the Class of 2011!**

## ***THE C.H.S. DRAMA DEPARTMENT***

***PRESENTS:***

# ***Once On This Island***

**Book and Lyrics by Lynn Ahrens**

**Music by Stephen Flaherty**

**Based upon the novel "My Love, My Love" by Rosa Guy**

This highly original and theatrical Caribbean adaptation of the popular fairy tale "The Little Mermaid" garnered eight Tony nominations for its Broadway run, including Best Musical, Book and Score. In almost non-stop song and dance, the show tells the story of Ti Moune, a peasant girl who rescues and falls in love with Daniel, a wealthy boy from the other side of her island. When Daniel is returned to his people, the fantastical gods, who rule the island, guide Ti Moune on a quest to test the strength of her love against the powerful forces of prejudice, hatred and death. (Musical Theatre International)

This show is inspiring and family friendly. You don't want to miss it. To order tickets, contact our box office (360) 596-8053.

**Musical Performances: May 5, 6, 7, 12, 13, and 14 @ 7:30 p.m.**



## **International Baccalaureate**

The days of Capital's 108 juniors and seniors participating in the International Baccalaureate Program this year are filled with completing internal assessments and preparing for May IB testing and the CHS IB faculty is working hard to make sure each student is well prepared. As the following statistics indicate, the commitment made toward completing IB coursework by our students and staff is extensive.

There are opportunities for you to help in the process. If you're interested in volunteering to proctor May tests and/or helping Anticipated and Diploma kids complete their CAS (Creativity, Action, Service) interview, please contact Matt Herinckx, the IB Coordinator, at 596-8233 or [herinckxmj@osd.wednet.edu](mailto:herinckxmj@osd.wednet.edu) for further information. Your help is both greatly appreciated and critical to the integrity of the program. Thanks for considering it!

Registrations by level

- 164 registrations in 3 **higher level (HL)** subjects
- 137 registrations in 9 **standard level (SL)** subjects
- 41 registrations in 17 **extended essay (EE)** subjects
- 41 registrations in 1 theory of knowledge





## News from the Career Center

Do you have a plan? It is never too early to start planning. Stop into the Career Center to discuss post high school planning - 4 year, 2 year, technical, community, apprenticeships, military careers.

Do you know how you are getting there? Attend scholarship workshops, meet with admissions recruiters, learn about financial aid options, gain knowledge of career opportunities.

Do you need experience? Guest speakers on specific occupations, volunteer opportunities, resume writing, cover letters, interviewing skills, and job posting.

Check out the CHS website for upcoming events!



# DECA

Earlier in the Month 19 CHS students competed at the DECA State Career Development Conference in Bellevue. The students worked very hard on their projects and competed along with 3,400 other students from around the state. The students who qualified for nationals are:

Justine Wiggins - 5th place for Merit Awards Project  
Coleman Johnson - 1st place for Professional Sales

Nationals (ICDC) will be held in Orlando, Florida April 29 through May 4th and we have 6 CHS students attending DECA Nationals in Orlando Florida, April 28-May 4. Those attending are Coleman Johnson for Professional Sales, Justine Wiggins for Merit Awards Project, Cameron Costa for Senior Management Institute, Arielle Opachan and Katie Janis for Chapter Management Academy and Christafien Dixon for Leadership Development Academy.

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### ???DID YOU KNOW???

- Cougars are more closely related to the common house cat than to the four "big cats": the tiger, lion, jaguar and leopard.
- Cougar babies are called kittens.
- Cougar kittens are born with their eyes closed like the domestic cat. Their blue eyes open at around two weeks and change to greenish-yellow in about 16-months.
- Cougars cannot roar like a lion, but they can make calls like a human scream.



© Tim Knight

*Courtesy of Washington NatureMapping Program*

## *C.H.S. Choirs*

Congratulations to the choir members who performed at the Chinook League's Vocal/Solo Ensemble Contest. First place winners will be competing at the WIAA/WMEA State Solo & Ensemble Contest in late April. First & Second Alternates will also register for State and may be selected to compete.

### Solo Division

Bass Solo - Philip Arbaugh, first place

Soprano Solo - Chelsea Johnston, first place

Eleanor Hall-Watson - First Alternate

Alto Solo - Jourdan Kovacs, first place

Mezzo-Soprano Solo - Amy Thomas, first place

Tatjana Weser - First Alternate

Tenor Solo - Ryan Tunheim, First Alternate

Baritone Solo - Manne Weser, First Alternate



### Small Ensembles

CHS Men's Quartet: Philip Arbaugh, Andy Miller, Jacob Hibbard, Manne Weser - First Place

CHS Mixed Quartet: Rosa Colman, Amy Thomas, Jacob Hibbard, Ryan Tunheim - First Place

CHS Women's Duet: Manya Janowicz & Tatjana Weser - Second Alternate

### Large Ensembles

CHS Chamber Singers: Second Alternate

Amy Thomas, Tatjana Weser, Chelsea Johnston, Morgan Black

Erika Tobin, Rosa Colman, Sigal Kadden, Alanna Panter

Michael Thompson, Adrian Razo, Ryan Tunheim, Gordon Shaughnessy

Jacob Hibbard, Andrew Miller, Roger Schuettke, Manne Weser



**The Olympia School District will be using  
a new automated phone message system  
for attendance & food service account  
calls. For questions regarding your  
child's lunch account, please call Food**



**Services 596-7007. If you have any questions about  
your child's attendance, please contact the C.H.S. attendance office  
at 596-8019**