

# Capital High School COUGAR CONNECTION



“The CHS community inspires all learners to think, explore, and grow.”

January 2011

## 1<sup>ST</sup> SEMESTER FINAL EXAM SCHEDULE '10-'11

### Wednesday 2/2/11 (Late Start)

Period 1 9:00-10:50 (1 hr 50m)  
BREAK 10:50-11:10 (20m break)  
Period 2 11:15-1:05 (1 hr 50 m)  
SACK LUNCH AVAILABLE

**BUSES ARRIVE @ REGULAR TIME (2:37)**



### Thursday 2/3/11

Period 3 8:00-9:50 (1 hr 50 m)  
BREAK 9:50-10:10 (20m break)  
Period 4 10:15-12:05 (1 hr 50 m)  
SACK LUNCH AVAILABLE

**BUSES ARRIVE @ REGULAR TIME (2:37)**



### Friday 2/4/11

Period 5 8:00-9:50 (1 hr 50m)  
BREAK 9:50-10:05 (15m break)  
Period 6 10:10-12:00 (1 hr 50m)  
SACK LUNCH AVAILABLE

**BUSES ARRIVE @ 12:07!!!**



### The Cougar Connection

newsletter will be published on our website on the following dates:

- August 13 (also mailed home)
- October 15
- January 14
- March 25
- May 20

**Due to rising costs and budget constraints, newsletters will no longer be mailed home.**

**Newsletters will be posted on our website and copies will be available in the main office.**

**\*Visit our website [chs.wednet.edu](http://chs.wednet.edu) for our school calendar and other important information \***

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**\*First Semester Grades will be mailed home by February 14th.\***  
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## WINTER WEATHER

Tune in to KGY (1240 AM or 96.9 FM), KMAS (1030 AM), KAOS (89.3 FM), our district website <http://osd.wednet.edu> or check out [SchoolReport.org](http://SchoolReport.org) where you can sign up for school delay and closure email alerts.





**\*Visit our website [chs.wednet.edu](http://chs.wednet.edu) for our school calendar and other important information \***

### Important Dates

January 14&15	Winter Play- <i>Almost Maine</i> , 7:30 PM CHS Theatre
January 20th	Sophomore/Junior Parent Night 6:00 PM
January 21&22	Winter Play- <i>Almost Maine</i> 7:30 PM both days, as well as 2:30 PM on 1/22/11
January 22	SAT test at OHS-see SAT website for more information
January 29	<i>An Enchanted Evening</i> -Father/Daughter Dance #1 (see page 10 for details)
February 2	B Schedule, Late Start- <b>A.M. BUSES RUN 1 HOUR LATE</b>
February 2, 3&4	1 <sup>st</sup> Semester Final Exams (see page 1 for complete schedule)
February 4	<b>EARLY RELEASE 12:07 FOR MIDDLE SCHOOLS &amp; HIGH SCHOOLS</b>
February 4	End of First Semester
February 5	<i>An Enchanted Evening</i> -Father/Daughter Dance #2 (see page 10 for details)
February 12	ACT test at CHS
February 12	Winter Dance-CHS Commons; 9PM-Midnight
February 16	I.B. Information Night-7PM in Pod A (see page 4 of newsletter)
February 18	<b>NO SCHOOL- Mid Winter Break</b>
February 21	<b>NO SCHOOL-President's Day Holiday</b>
February 24,25&26	Drama Department-One Act Showcase
March 1	Choir Concert-7:30 PM CHS Theatre
March 2	B Schedule, Late Start- <b>AM BUSES RUN 1 HOUR LATE</b>
March 4	<b>NO SCHOOL</b> -District wide teacher in-service
March 5	Palapalooza (Mother/Son evening)
March 12	SAT test @ OHS
March 15	HSPE Testing-Reading
March 16	<b>NO LATE START! A SCHEDULE DUE TO HSPE Testing-Writing</b>
March 17	HSPE testing-Writing
March 22	HSPE Testing-Math-11 <sup>TH</sup> & 12 <sup>TH</sup> GRADE ONLY
March 22	Band Concert 7:30 PM
March 24	8 <sup>th</sup> grade parent night @ CHS 6:30 PM
March 25	Newsletter published to website
April 4-8	<b>SPRING BREAK-NO SCHOOL</b>

### Quote of the Month:

*"It is not fair to ask of others what you are unwilling to do yourself."*

**-Eleanor Roosevelt**



Do you have any **Legos blocks** that you would like to donate? Garfield elementary school is in need of Legos for an after school program they provide. Call Linda Zaccagnini at 596-6911 or drop them off in at the Garfield office (325 Plymouth Street N.W.)

### Traffic Safety



It's time to sign up for spring Traffic Safety. The class will run from March 1st to May 12th. Students will meet on Tuesdays and Thursdays from 2:50-4:50. We host a variety of guest speakers including Operation Lifesaver, Safe and Sober, No-Zone, the Thurston County Coroner, and an insurance agent. We must have a minimum of 25 students to run the class. Forms are available to pick up in the main office, or to download from our website. Contact Rachel Beard at 360-596-8015 with any questions, or if you would like to put your student on the waiting list for the summer class.

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### Spring Sports Information

Spring sports at CHS are: Baseball, Boys Soccer, boys and girls Golf, Fast Pitch, Girls Tennis, & Boys and Girls Track.

Packets for sports clearance will be available to pick up **starting on 2/7/11** at the ASB office and on our website [http://capital.osd.wednet.edu/extracurricular/cougar\\_sports/sports\\_clearance](http://capital.osd.wednet.edu/extracurricular/cougar_sports/sports_clearance)

Complete packets and NEW A PHYSICAL are due on 2/24/11. **The first day of practice is Monday 2/28/11**, if you have any questions please feel free to call or email Krista Johnson in the ASB office 360-596-8073 or [krjohnson@osd.wednet.edu](mailto:krjohnson@osd.wednet.edu). Or see the website for further instructions. [http://capital.osd.wednet.edu/extracurricular/cougar\\_sports/sports\\_clearance](http://capital.osd.wednet.edu/extracurricular/cougar_sports/sports_clearance)



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**Capital High School Playmakers are proud to present:**



*Almost, Maine*  
**By John Cariani**

**Almost, Maine** takes place in “Almost” an “unorganized territory” located in northern Maine, where in the middle of winter the northern lights shine above, illuminating the stories of the people who live there. The people of Almost are ordinary people, but their situations with life and love make them extraordinary. *Almost Maine* tells the story of various relationships and how the residents of Almost find themselves falling in and out of love in interesting and often hilarious ways. Love is lost-found- and confounded. Knees are bent and hearts are broken as the residents of Almost battle this thing called love. The show is directed by Kristina Cummins with Jeorgia Whittaker as assistant director.

The show runs for two weekends, January 14, 15, 21 and 22. All shows will start at 7:30 p.m. and will be staged in the Capital High School Theater, on the Capital High School campus, 2707 Conger Ave NW, Olympia, WA. There will be a matinee performance at 2:30 p.m. on Saturday, January 22.

Tickets are \$7 for students and senior citizens and \$10 for adults and will be available at the window before each show. For further information or to reserve your tickets, call the box office at (360) 596-8053.

**The C.H.S. Dress Code**

The administration and staff at Capital High School are committed to providing a quality learning environment for all students and teachers. To help maintain this goal, the following dress expectations will be maintained:

- Shorts and skirts must be no shorter than **4 inches above the middle of the knee.**
- Shirts must cover the stomach, back, shoulders, and chest. Tube tops, halter-tops, spaghetti strap tank tops and only one shoulder strap are not appropriate for school.
- Cleavage must not be visible.
- “See-through” material is not appropriate for school.
- Undergarments or clothing worn as undergarments must not be showing. This includes pants worn so low that garments worn under the pants are showing.
- Shoes or sandals must be worn at all times.

Students may not wear clothing or accessories that:

- Advocates or conveys alcohol or drug usage messages
- Promotes violence or illegal activity
- Demeans or degrades individuals or groups of people
- Exhibits sexual innuendos, blatant sexual messages, vulgarity, profanity or other inappropriate language
- Interferes with the operation of the school or classroom
- Is determined by local law enforcement to be affiliated with gangs



**If a student’s clothing is objectionable under these provisions, a staff member will request the student make appropriate corrections. If a student refuses to comply, the appropriate discipline action for non-compliance or willful disobedience will result. This policy is in effect for all school related events on or off campus. Please refer to the Student Handbook for Capital High School policies and procedures.**



**IMPORTANT ATTENDANCE INFORMATION  
(ATTENDANCE LINE 596-8019)**



**Attendance Procedure Reminder:**

**Notifying the School of Absences**

A parent or guardian must call the attendance office to excuse an absence or tardy. The attendance office 24-hour line is **360-596-8019**. Calls must be received within 24 hours of a student’s absence or tardiness. **Notes are not accepted.**

**Acceptable Excused Absences:**

Doctor appointments, religious reasons, family emergency, illness, and pre-approved extended absences. (Senior pictures, drive tests, oversleeping, and extended lunches **will not be excused.**)

**Extended Absences**

If a student will be absent three or more days, due to vacation or other planned activity, an **extended absence form** must be completed and approved by an administrator prior to the absence. Forms are available in the attendance office.

**Other Absences**

Parents need to call the attendance office as early as possible to excuse a student to leave during the school day. This will allow us time to notify the student.

Please call the attendance office at **596-8019** with any questions about the attendance policy or check the student handbook on line at <http://capital.osd.wednet.edu>.

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**I.B. NEWS**

In preparation for spring registration, there will be an IB information night on Wednesday, February 16th at 7pm in Pod A. Although intended for 10th graders and their parents, all are welcome. Come find out what IB has to offer the motivated student looking for an excellent college preparatory program.

## **You Are Invited to Tell Us About Future School Facilities**

What might a future classroom or school look like? What key elements should be included in any new school design to promote student learning? How will learning environments need to change over the next decade? The Olympia School District would like to hear your thoughts on these questions at an upcoming community forum.

The forum will be on Wednesday, December 15 beginning at 6:30 p.m. at Olympia High School in the commons. **A second community forum will be held on February 16 at Capital High School beginning at 6:30 p.m.** to receive feedback on some initial planning recommendations.

This community gathering is part of a larger long-range planning process which will lead to a 10-15 year blueprint and bond request for facilities in the Olympia School District. The purpose of the community forum on December 15 is to gather information from parents, staff, students and community members about key values and ideas for future learning environments in the Olympia School District. We hope you'll be a part of that effort. For more information, go to: <http://osdmp.wikispaces.com/Meetings>

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### **Do You Want To Join Site Council?**



On February 8<sup>th</sup> we will be having our first Site Council meeting of the school year. We will be meeting in the library 5:30-6:30 PM. If you are interested in looking at our School Improvement Plan and working with us to continue to move forward in the planning process we encourage you to attend. Please contact Chris Woods at 596-8005 or at [cwoods@osd.wednet](mailto:cwoods@osd.wednet) if you are interested.



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**Spring 2011 Arts Recognition Night committee is forming now.** We are seeking volunteers to help put on the event. This event celebrates student achievement in Fine Arts, Performing Arts, Music, and Literature.

Volunteers are needed for the following categories:

Literary competition committee

Art gallery display committee

Food and beverage committee

Program, invitations, and certificate committee

Music committee

Performing Arts Committee

Please call Lucy Gentry @ 561-3904 or Claire McElreath @ 943-4796 or email at [jackandriley@comcast.net](mailto:jackandriley@comcast.net)

# FAMILY ACCESS REGISTRATION FORM

Thank you for requesting access to your child's educational record in Skyward Family Access. We welcome you and hope you will find this an important communication tool in our quest to provide the best education for your child.

To activate your Family Access Account, please provide the following information:

**Your Name:** \_\_\_\_\_  
(Please Print Your Name Clearly)

**Student(s) Names** *Please list all children who live with you (or have lived with you), and have or are attending any schools in the Olympia School District. Please describe the relationship of the child to you.*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Your e-mail Address:** \_\_\_\_\_  
(Please Print Clearly)

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Return this form to the school office. You should receive an e-mail advising you of your new user name and password within 3-5 business days.

If you have any questions, please contact the Student Information Systems Office at 596-6150 , or Michelle Anderson, CHS Assistant Principal at 596-8012. . We look forward to working with you!

**Drop off form in C.H.S. main office,  
or mail to:**

**C.H.S. FAMILY ACCESS**  
**2707 Conger Ave. N.W.**  
**Olympia, WA 98502**

**DISCLAIMER:**

Please note: the Olympia School District does not support off-site technology. For equipment, system, or browser support, please consult your computer dealer or software vendor.

After two tournaments, **CHS Speech and Debate** is off to a roaring start. We've already earned state berths in Public Forum debate and in Impromptu speaking. In various events, trophy winners include seniors Grace Lynch, Vamsi Chunduru, Josie Coury, Jackson Burgess, and Layne Olson, sophomore Rian Chandra, and freshmen Sam Hall-Watson, Sampath Duddu, and Nick Harrison.



## What is the new three-credit math rule?



At the instigation of the legislature, the State Board of Education amended the graduation requirements rule to add a third credit of math. The rule was adopted in July 2008 and is in effect for the graduating Class of 2013.

Students must earn 1 credit in Algebra 1, and a second credit in Geometry, or earn credits in the relevant Occupational Education/CTE course [Accounting 2A/2B, Business Math 1A/1B, or Personal Finance]

Can students take two of the required courses at the same time?

Yes, per the rule change effective October 22, 2010.

What courses may students take for the third math credit?

Students may take Algebra 2, or a rigorous, high school level math course that meets the student's education and career goals identified in the student's High School and Beyond plan. Algebra and Geometry form the basis of a student's mathematical experiences. The intent of the third credit is to enrich and build upon those experiences.

If students want to take a course *other than* Algebra 2 for their third math credit, what do they have to do?

Choose a course that is based on a career-oriented program of study identified in their High School and Beyond plan  
Meet with their counselor and their parent/guardian to discuss their goals and the admission requirements of two and four-year colleges

Sign a form, along with their high school counselor and parent/guardian, to acknowledge that:

- 1) the meeting was held during the student's junior year
- 2) the required information was discussed, and
- 3) all parties agree that the course is more appropriate for the student's education and career goals.

Will *any* course work for the third credit of math?

The State Board of Education intends for the third credit to be a rigorous, high school level math course that will serve the student's education and career goals. Courses in which the majority of the math is at a K-8 level would not qualify for the third credit.

Would Occupational Education/CTE mathematics courses satisfy the third year of mathematics?

Yes. Occupational Education/CTE mathematics courses approved at Capital High School include:

Accounting 2A/2B, Business Math 1A/1B and Personal Finance.

Do these courses count as mathematics credits for the NCAA?

No – they count as an Occupational Education/CTE course or an elective.

Do these courses count as mathematics credits for entrance to four-year universities?

No – they count as an Occupational Education/CTE course or an elective.

Do students have to pass the math end-of-course assessments before they attempt the third credit of math?

No.

## EARN FREE COLLEGE CREDITS NOW!

### TECH PREP THROUGH SPSCC

Tech Prep is an instructional partnership between South Puget Sound Community College (SPSCC) and Capital High School.

Tech Prep puts high school students on the pathway to a college education by allowing them to complete technical classes while in high school. Students taking Tech Prep approved classes earn both high school and college credit *simultaneously*. In order to receive college credit students must make a grade of "B" (3.0) or better in their high school Tech Prep classes. Once this is accomplished they have a college transcript at South Puget Sound Community College.

Tech Prep also helps students and parents save money!

Students pay no tuition for Tech Prep classes

Students do not have to travel to SPSCC

Because students stay on their high school campus they do not pay for college text books, parking or student fees!

### Benefits:

- Students may earn up to 43 college credits through their occupational education (CTE) courses at CHS.
- Students may use these credits toward an Associate of Technical Arts Degree.
- Students may use these credits as electives in an Associate of Arts Degree (Transfer degree to a 4-year university).
- Students may use these credits to enter the military at a higher rank.
- Students may also transfer the credits to other colleges or universities depending upon their transfer policies
- Tech Prep credits may be listed on job applications.

CHS COURSE	SPSCC COURSE	credits
Business Math A & B	Business Math	BUS 104 5
Intro to Marketing 1A & 1B & Advanced Marketing 1A & 1B	Principals of Marketing	BUS 160 5
Drafting Technology	Mechanical Drafting I	CAD 101 5
Architectural Drafting 2	Architectural Drafting I	CAD 120 5
DigiTools	Keyboarding 1	CIS 101 2
Accounting 1A & 1B	Practical Accounting	CIS 107 5
Word Core, & PowerPoint/ Outlook, & Excel Core, & Access	Introduction to Office	CIS 108 3
PowerPoint/Outlook	PowerPoint	CIS 111 2
Word Core & Word Expert	Word Processing I Using MS Word	CIS 136 4
Excel Core & Excel Expert	Excel	CIS 141 3
Intro. to Horticulture A & B	General Horticulture	HOR T 100 5
Interiorscaping and Floral Design	Interiorscaping and Floral Design	HOR T 135 4
Foundations of Sports Medicine A & B	Medical Terminology	MED 103 3
Metals/Welding Technology 1A & 1B	Oxy-Acetylene Welding and Cutting Processes I	WEL D 111 4

- For courses where more than 1 high school class (semester) is required for credit, grade minimums of B or better must be met in each individual class.

**For more information, check out our webpage at:**  
[chs.osd.wednet.edu/academics/cte/techprep](http://chs.osd.wednet.edu/academics/cte/techprep)

## EARN FREE COLLEGE CREDITS NOW!

## News from the CHS Library



**THANK YOU, THANK YOU, THANK YOU** for your support of the CHS Library through our fundraisers this year. The Funds4Books campaign raised \$650.00 with 100% of it going to purchase new fiction and non-fiction titles. The Scholastic Book Fair raised over \$1000, of which we get 40% to purchase in books. Your generosity supports student learning and helps our school pride grow.

**Tutors** are in the library Monday-Thursday after school until 3:30. Most are students at CHS. Their expertise is in math and science although these wiz kids can help in other subjects as well. Finals are coming soon, so it's time to study up! Everybody is welcome.

The **Library Advisory Board** continues to meet on every "club" Wednesday! This is an activity-driven club that will build your student's resume. New members are always welcome.

Lastly, **please encourage your student turn in any library books** so they will be available for others as a new semester begins. Thanks!



## Counseling Center Notes

**Grade 9:** Completed a two-day guidance lesson in the Career Center. They took a Learning Styles Inventory to see if they were a stronger auditory, visual, or tactile learner. Students can learn to incorporate their strengths in the classroom. They also reviewed graduation requirements and keys to having a successful freshman year.

**Grade 10:** Completed a lesson on Career Exploration. Started to think about what they may like to do after graduation and what they can be doing now to work towards that goal. They were introduced to Career Cruising. This program allows students to explore careers, schools and vocational programs, as well as build a portfolio to complete their High School & Beyond Plan. This program can be accessed from home. The site is [www.careercruising.com](http://www.careercruising.com), and the portfolio log-in would be "chs-lastnamefirstinitial" and the password is their student number/lunch code. They will next be introduced to the resume building site.

**Grade 11:** Students who took the PSAT in October received their scores before the break. Please look over the material and take advantage of the sites offered for future preparation. Students who plan to attend college should be signing up for their SAT and/or ACT test before the end of the school year. Your results from the PSAT are useful in preparing for the test. Counselors will be going over graduation requirements, post-high school plans and registration for their senior year in March.

**Grade 12: Please check the website on a regular basis for upcoming dates/deadlines.** The FAFSA (Free Application for Federal Student Aid) was available January 1 and should be completed as soon as possible. Schools require students to have a completed FAFSA on file to be considered for any financial aid. Go to [www.fafsa.gov](http://www.fafsa.gov) for comprehensive details about the federal student aid programs.

### **Upcoming date to remember:**

Thursday, Jan 20 @ 6:00p – Sophomore/Junior Parent Night

We have such a wonderful group of students here at CHS and we look forward to working with your student. If you have any questions, please do not hesitate to call the Counseling Center at (360) 596-8027. We would like to hear from you.



## *An Enchanted Evening*

### *9th Annual Princess Ball*

*A benefit for the Capital High School Foundation & Parent Organization*

*A magical night for Princesses ages 3 & up and their Father or Father figures!*

*Join us for a special evening your Princess will never forget*

*Saturday January 29 & February 5, 2011*

*from 6:30 to 9:30 in the evening*

*Capital High School Commons*

*2707 Conger Ave. NW, Olympia, WA 98502*

*\$34 Couple - \$14 each additional Princess*

*Tickets Include:* Flower corsage for each Princess, dancing, live entertainment, hot fudge sundaes, activities & more!

*Professional photos will be available for purchase*

*Buy your tickets at: [www.seatyourself.biz/capitalosd](http://www.seatyourself.biz/capitalosd)*

*Don't wait as this event sells out quickly!*

*Questions? [chs.fatherdaughterdance@yahoo.com](mailto:chs.fatherdaughterdance@yahoo.com)*

*or call Mary Ellen Jones 360-867-9103*

