Capital High School
2707 Conger Avenue NW
Olympia, WA 98502
(360) 596-8000

Principal:..........................Nancy Faaren
Assistant Principal:..........................Michelle Anderson
Assistant Principal:..........................Larry Walsh
Dean of Students:..........................Daniel Grimm
Counselors:..............................Jenny Morgan
                                          Norah Jensen
                                          Ross Regester
                                          Erin Johnson

Find us on the web at chs.osd.wednet.edu

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Cover artwork designed by 1998 CHS graduate Corina Albert

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General Information

Withdraw/Fail Policy
Class withdrawals must be done within the first 10 days of the semester to avoid receiving a failing grade on the transcript.

Incomplete
Students are given 10 school days after report cards are first distributed to make up an incomplete. If the incomplete is not made up the student will receive an “F” grade.

Repeated Classes
A student receiving an “F” grade in a class may sign up to repeat the class without prior permission. A student who passed and wishes to repeat a class must have prior approval from the department coordinator in that discipline. In both cases, if the course is repeated and a higher grade is earned, the lower grade will not be calculated into the student’s G. P. A. However, in accordance with Washington Administrative Code (WAC) 180-57-050 section vii, the lower grade will remain on the transcript.

Pass/Fail/Audit
All classes must be taken for a letter grade unless the student’s counselor, the department coordinator, and the principal approve pass/fail or audit status AND the pass/fail/audit petition is completed within the first 10 days of the semester.

Transcripts
Any student or parent may request a transcript through the Registrar’s office. A form must be completed for this request along with paying a $2.00 fee. The Registrar provides the transcript to the student. It is then the student’s responsibility to mail.

Graduation Participation Policy
In order to participate in the commencement ceremony, seniors must be enrolled by second semester, and must maintain satisfactory progress in the proper number and type of courses that will satisfy all graduation requirements. This may include evening courses or correspondence courses that are approved by a CHS Counselor and completed before commencement ceremonies. Summer school credits may not be planned to establish a student’s eligibility to walk in the graduation ceremony.

One (1) Credit Fine Arts Graduation Requirement
The following CHS programs are currently recognized as meeting the State requirements in the arts and will fulfill this graduation requirement:

Music: - any band, choir, or orchestra course
Theater:
   Theater Arts
   Theater Production
   IB Theater
Arts and Culture
   Arts and Culture I, II or A, B
Visual Arts
   Calligraphy, Ceramics, Drawing, General Art, Watercolor Painting

One (1) Credit Occupational Education Graduation Requirement
The following CHS programs are currently recognized as meeting the State Board of Education definition of “Occupational Education:”

Business and Marketing Education - any course in Business or Marketing
Horticulture:
   Biology through Horticulture
   Horticulture
   Interiorscaping and Floral Design
   Intro to Horticulture
   Landscape Design
   Project Horticulture
   Note: Biology through Horticulture and Intro to Horticulture can only be counted as an occupational education credit IF the course has not been used to fulfill the science credit requirement.
Metals, Power Technology, Woods, and Drafting – any course with the “Ind” course code prefix
Sports Medicine – any course in Sports Medicine
Visual Communications:
- Introduction to Communications Arts
- Capital News Service
- Generation Tech
- IB Generation Tech
- Web Development

Visual Communications or “VisCom”

*Note: IB Information Technology for a Global Society is now called IB Generation Tech, Network Navigators is now called Generation Tech, and Digital Design is now called Web Development. These former course titles also count as occupational education courses.

Library Technical Assistant
Newspaper
Theatre Production
Yearbook

New Market Vocational Skills Center – 23 different half-day technical skills training programs are available, all of which meet the definition of occupational education. Please see a CHS counselor or the NMVSC website www.nmvsc.com for more information.

Many courses at SPSCC also fulfill the Occupational Education requirement. Students see their counselors for approved courses.

National Collegiate Athletic Association Approved Core Classes

<table>
<thead>
<tr>
<th>Subject</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>9th Pre-IB English, 10th Pre-IB English, 11th IB English, 9th English Reading, 10th English Reading, 11th English Reading, Bible as Literature, Children’s Literature, Creative Writing, Cross Cultural Literature, Debate, Drama as Literature, English Literature, Film Studies, Grammar, Great Writers, Journalistic Writing, Poetry, Popular Cultures, Science Fiction, Senior Project, Shakespeare, Short Story, Southern Writers, Speech, Sports Literature</td>
</tr>
<tr>
<td>Social Science</td>
<td>Contemporary World Problems, IB 20th Century World History, IB History of Americas, IB Psychology, Senior Economics, Senior, Sociology/Psychology, Pre-IB Social Studies, Senior Civics, US History, Washington State History, World History – Asian, Pre-IB History – Asian, Third World History</td>
</tr>
<tr>
<td>Pre-IB Third World</td>
<td>History, World History – Western Civilization, Pre-IB World History – Western Civilization</td>
</tr>
</tbody>
</table>
### SAMPLE PLAN OF STUDY

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
<th>First Semester</th>
<th>Second Semester</th>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>English</td>
<td>English</td>
<td>English</td>
<td>English</td>
<td>English</td>
</tr>
<tr>
<td>Science</td>
<td>World History</td>
<td>U. S. History</td>
<td>Math</td>
<td>Social Studies</td>
<td>Social Studies</td>
</tr>
<tr>
<td>Math</td>
<td>Science</td>
<td>Science</td>
<td>Math</td>
<td>World Language</td>
<td>World Language</td>
</tr>
<tr>
<td>Freshman Health &amp; Fitness</td>
<td>Math</td>
<td>Math</td>
<td>World Language</td>
<td>Elective</td>
<td>Elective</td>
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<tr>
<td>Fine Arts</td>
<td>Health &amp; Fitness</td>
<td>World Language</td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
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<tr>
<td>Occupational</td>
<td>Elective</td>
<td>Occupational</td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
</tr>
</tbody>
</table>

### SUGGESTED COURSES FOR COLLEGE ADMISSION

Minimum high school core pattern for the public baccalaureate institutions in the state of Washington:
- English – 4 years
- Social Studies – 3 years
- World Language – 2 years in the same language
- Math – 3 years through Algebra II
- Science – 2 years (Chemistry or Physics for WWU)
- Fine Arts – 1 year

*Note: All minimum high school graduation requirements must also be fulfilled.*

### MINIMUM GRADUATION REQUIREMENTS

<table>
<thead>
<tr>
<th>English – 3 credits</th>
<th>U.S. History – 1 credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science – 2 credits</td>
<td>Senior Social Studies – 1 credit</td>
</tr>
<tr>
<td>Math – 2 credits *</td>
<td>Washington State History (if not taken in middle school) – .5 credit</td>
</tr>
<tr>
<td>Occupational Ed – 1 credit</td>
<td>Electives –8 credits,</td>
</tr>
<tr>
<td>Health - .5 credit</td>
<td>Including English, math, science and language classes not</td>
</tr>
<tr>
<td>Fitness – 1.5 credits</td>
<td>required for graduation.</td>
</tr>
<tr>
<td>Fine Arts – 1 credit</td>
<td></td>
</tr>
<tr>
<td>World History – 1 credit</td>
<td>22 total credits</td>
</tr>
</tbody>
</table>
## SUGGESTED PLAN OF STUDY FOR IB DIPLOMA

### NINTH GRADE
- English
- World Language-year 1
- 9th Health & Fitness
- Elective

### TENTH GRADE
- Honors English
- World Language-year 2
- Honors World History
- Elective
- IB Pre-Calculus
- IB Calc-SL • IB Discrete Math SL
- IB Chemistry 1-HL

### ELEVENTH GRADE
- IB World Language
- IB World History
- IB-History America-HL
- Info Tech Soc-SL • Psychology-SL • Theater Arts-SL
- IB World History-HL
- Theory of Knowledge

### TWELFTH GRADE
- IB English-HL
- IB World Language-SL
- IB World History-HL

### Other IB requirements (Grades 11 & 12): CAS • Extended Essay
Courses in **bold** print indicate year of IB exam.
Students must also successfully earn a Certificate of Academic Achievement by passing the WASL or alternatives, and complete a Culminating Project and a High School and Beyond Plan in order to graduate.

*Students who have not met standard on the 10th grade math WASL must continue to be enrolled in and pass an appropriate math course even if the 2-credit graduation requirement has been met.

**SPECIAL PROGRAM OPPORTUNITIES**

**Avanti**

Avanti is the alternative high school in the Olympia School District. Students earn a high school diploma through either a 22 credit based system (transfer students with 17 or more credits) or in a non-credit system by demonstrating proficiency of knowledge and skills in 10 content areas: Reading, Writing, Math, Science, Social Studies, Cultural Awareness/Expression and Art, Career Development, Personal/Social/Health, Technology, and Service Learning. Students progress in both systems through the use of individual learning plans and theme classes. Contact Michael Velasquez, Principal, at 596-7900 for more information.
International Baccalaureate Program (IB)
The International Baccalaureate Diploma program (IB) is a rigorous pre-university course of study, leading to examinations that meet the needs of highly motivated secondary school students. Tenth grade students have the choice of participating in Honors courses to prepare themselves for the demands of IB in 11 and 12 grades. Students may take one or more IB courses in any subject. However, diploma candidates, as juniors, must take in-depth IB courses in English, history, math, world language, science, and an IB elective. In the twelfth grade, candidates must take IB courses in English, history, world language, science, and Theory of Knowledge. *IB courses are listed in the individual department sections.* For more information contact Matt Herinckx, IB Coordinator, at 596-8233 or visit our website: chs.osd.wednet.edu.

New Market Vocational Skills Center
The New Market Vocational Skills Center program is available to junior and senior level students only. Approximately 800 students come from 24 high schools. New Market provides vocational-technical training in 23 programs in the following pathways:
- Arts
- Business Contacts
- Business Operations
- Technical
- Social Services
- Science
In addition, a basic skills lab is available to reinforce skills. For more information regarding this program contact your counselor.

Running Start
The Running Start program is a cooperative program between Capital High School and the community colleges, particularly South Puget Sound Community College. Students must pass the Computerized Placement Test (CPT) in English and Reading, administered at SPSCC, in order to participate in the Running Start program. Students receive both college and high school credit for 100 level and above classes completed at the community college. Students must take 11th grade English (American Literature) at Capital High School in order to graduate with our diploma. It is the student’s responsibility to acquire a published list of additional required classes for Capital High School graduation and their SPSCC equivalencies from the Running Start coordinator. For more information about the program contact your counselor.

Olympia Regional Learning Academy (ORLA)
The Online Learning Program offers students grade 9-12 the opportunity to earn their high school diploma in a manner that is different than going to a school building every day. The online learning program is an option for students who are looking for more flexible scheduling, need to catch-up on credits, or who like to move through their classes at a pace that better fits their needs.

APEX
Online credit recovery classes open to juniors and seniors who have previously failed a graduation requirement. Your counselor may contact you if this is an appropriate option for you.

Tech Prep
Tech Prep is an instructional partnership between South Puget Sound Community College and Thurston County high schools within the college’s service area, plus New Market Vocational Skills Center and Shelton High School. The articulation agreements are contracts between CHS and South Puget Sound Community College, which may allow the student to receive advanced placement, preferred enrollment status, and/or college credit for successful completion of identified Tech Prep courses. Look for this logo next to courses that may be Tech Prep classes.

- **Save Time and Money**
  - Tech prep saves time and money! Students can jump start their college education by earning high school and college credits at the same time. Students may begin Tech Prep in ninth grade or later. The earlier students start, the more credits they can earn!
  - Tech Prep saves students and their family money. There is no cost to participate in TechPrep. Students do not pay for tuition, books, parking, or student fees!
- **Earn College Credit**
Tech Prep is a free program that allows students enrolled in approved technical classes to earn both high school and college credits for completing high school courses. Upon successful completion of a Tech Prep course, students will have an official transcript at South Puget Sound Community College!

- **Starting Is Easy**
  - Take the approved high school Tech Prep courses and complete the course(s) with a grade of 3.0 ("B") or better.
  - Complete the Tech Prep online application form after completing the course(s) with the help of your instructor.

### Tech Prep Course Alignment

<table>
<thead>
<tr>
<th>SPSCC COURSE #</th>
<th>SPSCC Course Name</th>
<th># of College Credits</th>
<th>Capital HS Course Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>CIS 101</td>
<td>Keyboarding I</td>
<td>2</td>
<td>DigiTools</td>
</tr>
<tr>
<td>CIS 107</td>
<td>Practical Accounting</td>
<td>5</td>
<td>Accounting 1A</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Accounting 1B</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Accounting 1C</td>
</tr>
<tr>
<td>CIS 108</td>
<td>Intro to MS Office</td>
<td>3</td>
<td>MOS: Word Core</td>
</tr>
<tr>
<td></td>
<td></td>
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<td>MOS: Excel Core</td>
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<td></td>
<td></td>
<td></td>
<td>MOS: Access Comp.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>MOS: PowerPoint</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Comprehensive/Outlook Core</td>
</tr>
<tr>
<td>CIS 111</td>
<td>PowerPoint</td>
<td>2</td>
<td>MOS: PowerPoint</td>
</tr>
<tr>
<td></td>
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<td>Comprehensive/Outlook Core</td>
</tr>
<tr>
<td>CIS 136</td>
<td>Word Processing I Using MS Word</td>
<td>4</td>
<td>MOS: Word Expert</td>
</tr>
<tr>
<td>DRFT 101</td>
<td>Mechanical Drafting</td>
<td>5</td>
<td>Drafting Technology</td>
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<td>DRFT 120</td>
<td>Architectural Drafting I</td>
<td>5</td>
<td>Advanced Drafting Technology</td>
</tr>
<tr>
<td>CAD 140</td>
<td>Intro to CAD 1</td>
<td>5</td>
<td>Architectural Drafting Techniques</td>
</tr>
<tr>
<td>HORT 100</td>
<td>General Horticulture</td>
<td>5</td>
<td>Introduction to Horticulture</td>
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<td>Introduction to Horticulture</td>
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<tr>
<td></td>
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<td>Introduction to Horticulture</td>
</tr>
<tr>
<td>HORT 135</td>
<td>Interiorscaping and Floral Design</td>
<td>4</td>
<td>Interiorscaping and Floral</td>
</tr>
<tr>
<td>WELD 101</td>
<td>Introduction to Welding</td>
<td>1</td>
<td>Metals/Welding Technology</td>
</tr>
<tr>
<td>WELD 108</td>
<td>Basic Welding</td>
<td>2</td>
<td>Metals/Welding Technology</td>
</tr>
<tr>
<td>BUS 160</td>
<td>Principles of Marketing</td>
<td>5</td>
<td>Introduction to Marketing and Advanced Marketing</td>
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</tbody>
</table>

### BUSINESS and MARKETING EDUCATION

#### Business and Marketing Department Philosophy

The Business Department has two broad objectives: 1) To prepare students academically to enter some form of post-secondary training, 2) To prepare students to become entry-level employees. In more specific terms, it is our belief that:

- Students should be allowed to progress at their own pace under strict guidelines developed between student and teacher.
- Students should be held accountable for their time and that the time accountability requirement is reflected in their evaluation.
- Students should be trained in the area of appropriate business like attitudes.
- Students are individuals and should be treated as such.
- Students should be able to look to the business department staff as models for professionalism in training, attitude, and appearance.
- Students should be guided and encouraged in their career goals.
- Students should be encouraged to work within and support the American economic system.
- Students should be given an opportunity to gain leadership skills through Future Business Leaders of America (FBLA)
Course Sequencing Guidelines

<table>
<thead>
<tr>
<th>BUSINESS TECHNOLOGY LAB</th>
<th>BUSINESS MANAGEMENT</th>
<th>ACCOUNTING/BUSINESS MATH LAB</th>
</tr>
</thead>
<tbody>
<tr>
<td>DigiTools</td>
<td>Personal Finance</td>
<td>Business Math 1A, 1B</td>
</tr>
<tr>
<td>Microsoft Office Specialist (MOS)</td>
<td>Entrepreneurship</td>
<td>Accounting 1A, 1B</td>
</tr>
<tr>
<td>Business Technology</td>
<td>Business Law</td>
<td>Accounting 2A, 2B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Business Work-Based Learning</td>
</tr>
<tr>
<td></td>
<td>Espresso/Smoothie Store Operations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Espresso/Smoothie Store Management</td>
<td></td>
</tr>
</tbody>
</table>

BUSINESS AND MARKETING

ACCOUNTING/BUSINESS MATH LAB
Accounting 1A, 1B
Advanced Accounting 2A, 2B
Business Math 1A, 1B
Several business education courses are taught in a business lab environment. This means that several courses are meeting at the same time in the same classroom. Formal teacher instruction is kept to a minimum. The teacher is available at all times to give one-on-one help as needed by the student. This type of classroom structure is excellent for students who like to work on their own.
Accounting 1A, 1B
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester each level
Grade level: 9, 10, 11, 12
Materials needed: Workbook ($20 fee) Funds available if needed
The purpose of this course is to study the financial records of a business. Students will learn double entry accounting procedures common to today's business practices. Students will use data processing input and output for the purpose of reporting and analyzing financial statements. The first cycle covers the accounting cycle for a service business set up as a proprietorship. The second cycle focuses on partnership accounting for a merchandising business. The third cycle studies corporate accounting for a merchandising business and accounting control systems. Students may receive 5 credits from SPSCC through Tech Prep.

Advanced Accounting 2A, 2B
Credit: Occupational CTE, CP Option
Prerequisite: Accounting 1A, 1B
Length: 1 semester each level
Grade level: 10, 11, 12
Materials needed: Workbook ($20 fee) Funds available if needed
The second year of accounting provides an overview of the following areas: professional framework and concepts; departmentalized accounting; accounting control systems; general accounting adjustments; corporation accounting; management accounting; and cost accounting.

Business Math 1A, 1B
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester each level
Grade level: 9, 10, 11, 12
Materials needed: 1 workbook ($20 fee) for 1A; 1 workbook ($20 fee) for 1B. Funds available if needed.
1A: The student will learn the knowledge and gain ability to operate a 10-key electronic calculator with touch key control; work basic math skills on a calculator; improve basic math skills on timed tests; solve problems on interest, bank statements, and installment buying; recognize career-related areas; and plan and manage work flow. These courses are designed to train students for entry-level careers in business and industry.
1B: Even with calculators and spreadsheets, there is a need for basic math skills. There is a growing emphasis in education at all levels to ensure that students learn skills that are required in the workplace. This course provides the opportunity to review basic math skills and apply them to personal and business applications, including the international marketplace. This course does not meet the math requirement for graduation or for NCAA.

BUSINESS MANAGEMENT
Personal Finance
Entrepreneurship
Business Law
Street Law
These courses may be taught on a rotational basis every other year.

Personal Finance
Credit: Occupational CTE, CP option
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
The purpose of this course is to provide students with the basic knowledge required to make some of life’s most important financial decisions such as finding a job, money management, apartment and house hunting, buying a car, budgeting, protecting yourself as a consumer, wise use of credit, and gaining insight into the world of investing and banking. This course will inform students of their financial responsibilities as citizens, students, family members, consumers, and active participants in the business world.

Entrepreneurship
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
The purpose of this course focuses on recognizing a business opportunity, starting a business based on the opportunity, and operating and maintaining that business. Entrepreneurship is designed to use a real world computer simulation to introduce students to the key business concepts in the entrepreneurial process such as production, marketing, finance, human resources, global competition, and social, environmental, and legal issues. This course will provide students with a flexible background that will enable them to make required career shifts and meet the demands of a constantly changing business world.

**Business Law**
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
The purpose of this course is to use real world examples allowing students to explore topics of law that are particularly relevant to the lives of students and how business law impacts business in this country and abroad. Business Law provides a basic foundation in law required to succeed in business by introducing students to the basics of the legal system, ethics, criminal law, contracts, partnerships, property law, bankruptcy, computer law, credit, environmental law, and domestic law. Interaction with local lawyers and judges are essential components of this course.

**Street Law**
Credit: Occupational CTE, CP option
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
An engaging class, Street Law uses interactive methods to give students a practical understanding of law and our legal system. Street Law focuses on legal issues relevant to students’ lives and develops knowledge and skills essential in our law-oriented society.

The highlights to this class are the weekly (bi-weekly) visits and interaction of a local judge. It is a fun, and interactive way to learn how law is applied in today’s society.

**BUSINESS TECHNOLOGY LAB**

*Digital Communication Tools (DigiTools)*
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
This course is designed to introduce students to project based curriculum using specific skills and tools necessary for today’s world and the world of the future. It is a foundational course for all students. Communication is the theme throughout this course and is integrated throughout. Using various technologies and inputting tools (such as voice recognition, writing tablets, scanners, digital cameras and camcorders) gives the students the ability to effectively communicate in various media. All of these tools will continue to be used throughout the preparatory MOS sequence. Students may receive two credits from SPSCC through Tech Prep.
Microsoft Office Specialist (MOS) Levels 1-6
Credit: Occupational CTE, CP Option
Prerequisite: DigiTools
Length: 1 semester per topic
Grade level: 9, 10, 11, 12
MOS Levels 1-6 includes: Word Core, Word Expert, Excel Core, Excel Expert, PowerPoint/Outlook, or Access
Comprehensive. Students learn the competencies necessary to complete the Microsoft Office Specialist (MOS) industry certification tests for Microsoft Office 2007. The MOS program is the only Microsoft approved certification program designed to measure and validate users’ skills with the Microsoft Office suite of desktop productivity applications. Upon completion, students may pursue taking the industry certification test for an additional fee. Students may receive up to twelve credits from SPSCC through Tech Prep.

Business Technology A, B
Credit: Occupational CTE, CP Option
Prerequisite: Instructor approval
Length: 1 semester
Grade level: 9, 10, 11, 12
The purpose of this course is to provide updated information and additional skill development relative to the current and projected technologies that will be experienced by the entry-level employee. Programs utilized may include the daily planner/calendar, electronic mail, word processing, spreadsheet, database, and presentation software.

ADVANCED BUSINESS

Business/Marketing Work-Based Learning A, B
Credit: Occupational CTE, CP Option
Prerequisite: Concurrent enrollment in Business class and part-time employment in a business related occupation (instructor approval required for enrollment)
Length: 1 semester (May be taken for a full year)
Grade: 10, 11, 12 (Must be 16 years of age)
Work-Based Learning provides Business and Marketing students with an opportunity to gain exposure to an occupational area related to their interests and career goal. Students must be concurrently enrolled in a business or marketing course and have part-time employment in an approved business or marketing related occupation. The objectives of the program are to prepare students to successfully obtain and maintain employment in a business or marketing related field and develop their job skills. Students will receive credit based upon their performance at the work site, completion of required paperwork and school assignments related to the program, and official documentation of 180 work hours per semester.

Espresso/Smoothie Store Operations A, B
Credit: Occupational CTE, CP Option
Prerequisite: Application process and instructor approval
Length: 1 year
Grade level: 10, 11, 12
Student leadership organization: FBLA
Espresso/Smoothie Store Operations is an exploratory course that focuses on the general process and techniques of direct wholesale and retail buying and selling operations and introduces individuals to related careers. Includes instruction in the principles of entrepreneurial economics, basic sales skills, the distribution channels for goods and services, and supervised practical application experiences. Students will apply marketing and business concepts of retail sales, customer service, advertising, and accounting through operating the school espresso/smoothie store. Students will also learn about the history, culture and diversity of the coffee industry and gain barista skills.

Espresso/Smoothie Store Management A, B
Credit: Occupational CTE, CP Option
Prerequisite: Espresso/Smoothie Store Operations, application/interview process (spring), and instructor approval
Length: 1 year
Grade level: 11, 12
Student Leadership Organization: FBLA
Espresso/Smoothie Store Management is a preparatory course that generally prepares individuals to undertake and manage the process of developing consumer audiences and moving products from producers to consumers. Class includes instruction in buyer behavior and dynamics, principles of marketing research, demand analysis, cost-volume and profit relationships, pricing theory, marketing campaign and strategic planning, market segments, advertising methods, sales operations and management, consumer relations, retailing, and applications to specific products and markets.

BUSINESS/MARKETING COURSES

Introduction to Marketing A, B
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
Student leadership organization: DECA
Option: See Marketing Work Based Learning Program.
Marketing is a full year course geared toward preparing students for the competitive business world. Students will gain understanding of business topics such as business ownership, advertising and promotion, and product development and leadership skills. Students will have opportunities to work independently on projects that relate to their career goals. This class will also help students get an edge when preparing resumes and applying for jobs. With several guest speakers, field trip opportunities and ties to DECA, this course is designed for gaining experience beyond the classroom. SPSCC credit may be granted through Tech Prep for successful completion of this course.

Advanced Marketing A, B
Credit: Vocational/Occupational CTE, CP Option
Prerequisite: Intro to Marketing or Sports and Entertainment Marketing and teacher approval
Length: 1 year
Grade Level: 10, 11, 12
Student leadership organization: DECA
Option: See Marketing Work Based Learning Program
Advanced marketing is a high energy course that builds upon the business and marketing skills developed in Marketing. Students who have successfully completed 1 semester of Intro to Marketing are eligible to enroll in Advanced Marketing. Students will apply their marketing skills to real world business situations as well as the student store. With several guest speakers, field trip opportunities and ties to DECA, this course is designed for gaining experience beyond the classroom. SPSCC credit may be granted through Tech Prep for successful completion of this course.

Sports and Entertainment Marketing/Management
Credit: Occupational CTE, CP Option
Prerequisite: sophomore standing
Length: 1 semester
Grade: 10, 11, 12
Are you interested in a career in a Sports, Recreation or Entertainment field? This course will introduce you to marketing and management fundamentals used in the growing fields of sports, recreation, and entertainment marketing/management. Students will gain knowledge of business and financial management principles, sales, marketing and recruitment; event promotion, scheduling and management; facilities management; public relations; legal aspects of sports; and applicable health and safety standards.

Marketing Seminar A, B
Credit: Occupational CTE, CP Option
Prerequisite: Advanced Marketing and instructor approval
Length: 1 year
Grade level: 11, 12
Student leadership organization: DECA
Option: See Marketing Work Based Learning Program.
Students will apply marketing and business concepts through management and supervision of the school student store. Students may be required to complete a written DECA project.

Student Store Management A, B
Credit: Vocational/Occupational CTE, CP Option
Prerequisite: Advanced Marketing and instructor approval
Length: 1 semester (maybe taken for a full year)
Grade level: 11, 12
Student leadership organization: DECA
Option: See Marketing Work Based Learning Program.
Student Store Management is a one year course in which students will apply marketing and business concepts through operation and management of the student store. Each student store manager will be responsible for all of the tasks and duties that result from their management positions and will learn the fundamentals necessary to owning or managing a small business.

Business/Marketing Work-Based Learning A, B
Credit: Occupational CTE, CP Option
Prerequisite: Concurrent enrollment in Marketing class and part-time employment in a marketing related occupation (instructor approval required for enrollment)
Length: 1 semester (May be taken for a full year)
Grade: 10, 11, 12 (must be 16 years of age)
Work-Based Learning provides Business and Marketing students with an opportunity to gain exposure to an occupational area related to their interests and career goals. Students must be concurrently enrolled in a business or marketing course and have part-time employment in a business or marketing related occupation. The objectives of the program are to prepare students to successfully obtain and maintain employment in a business or marketing related field and develop their job skills. Students will receive credit based upon their performance at the work site, completion of required paperwork and school assignments related to the program, and official documentation of 120 work hours per semester.

Internship A, B
Credit: Occupational CTE, CP Option
Prerequisite: Instructor approval with concurrent enrollment in a business/marketing course
Length: 1 semester (May be repeated)
Grade level: 10, 11, 12
The internship experience provides students with an opportunity to apply their business skills in an office setting, namely the CHS ASB office. This course is limited to 3 students per semester who are concurrently enrolled in a business/marketing course and can demonstrate office and customer service skills. This experience can help students identify some of the needed skills, knowledge and preparation desired for employees. It can help the students to understand the relevancy of their academic, technical, and classroom work. Students will receive credit based upon attendance, their performance at the intern site and completion of school assignments.

ENGLISH LANGUAGE LEARNER (ELL)

ELL Department Philosophy
The basic goal of the English Language Learner (ELL) program is to design and deliver an instructional program that will:
• Develop English fluency and comprehension
• Promote academic growth
• Promote social and emotional development
• Promote successful adjustment to the school mainstream
• Promote respect for all languages and cultures
ELL Reading Levels 1, 2, 3, 4
Credit: English
Prerequisite: None
Length: 1 semester each
Grade level: 9, 10, 11, 12
This course will help students acquire reading skills that will enable them to enter regular mainstreamed courses successfully and to be able to read and understand necessary written English outside the school setting. Movement from one level to the next depends on proficiency.

ELL Oral Language Levels 1
Credit: English
Prerequisite: Teacher judgment/placement test
Length: 1 to 2 semesters
Grade level: 9, 10, 11, 12
This audio-lingual (oral language) program will help the students to acquire basic oral communication skills necessary for successful mainstreaming into regular courses and to develop audio-lingual English fluency and comprehension. Student must have a Level 1 oral language score.

ELL Grammar/Writing Level 1, 2
Credit: English
Prerequisite: Teacher judgment/placement test
Length: 1 semester
Grade level: 9, 10, 11, 12
This course will present basic grammar skills, using an applied writing continuum, to provide students with the writing skills necessary for successful mainstreaming in regular courses and survival skills outside of the school setting.

ELL Independent Study A, B
Credit: Elective
Grade level: 9, 10, 11, 12
This course will provide students with basic vocabularies needed in mainstream classes. Students will be tutored in the regularly assigned curriculum of the mainstream class.

ELL Tutorial A, B
Credit: Elective
This course provides assistance to students to improve success in their regular classes. Student mentors receive credit while assisting students in specified subject areas.

ELL U. S. History A, B
Credit: Social Studies
Prerequisite: Level 2 ELL
Length: 1 year
Grade level: 9, 10, 11, 12
This course will give students the basic American History concepts and vocabulary as found in regular U.S. History classes. This is in sheltered English.

ELL Washington State History
Credit: Social Studies
Prerequisite: Level 2 ELL
Length: 1 semester
Washington State History is a course in sheltered English. This course teaches about the major forces, personalities, and events, which shaped the history of Washington State and the Pacific Northwest. Students will learn the major geographic economic and climatic features of the five regions of Washington. Also, students will acquire skills in location and gathering information about Washington State.
ELL World History A, B-Asian, Third World, Western Civilization
Credit: Social Studies
Prerequisite: Level 2 ELL
Length: 1 year
Grade level: 9, 10, 11, 12
This course is in sheltered English. This course teaches the concepts found in the regular World History classes.

FINE ARTS

Fine Arts Department Philosophy
This department believes that education in the arts is a vital component of the high school curriculum. All students should be provided an opportunity to develop an appreciation of the arts through hands-on experiences. Art instruction should challenge the intellectual, creative, and expressive powers of each student. Encouragement should be given to all students to strive for their personal level of excellence and recognition should be given when this is achieved.

Fine Arts Department Objectives
To provide an instructional program in the basic skills and understandings of art concepts, media, tools, and equipment.
To provide sequential learning experiences in the arts and opportunities for independent study in particular areas.
To encourage students in seeing their art projects as contributing to the home, school, and community environments.

MUSIC

Music Department Philosophy
To provide the opportunity and instruction for those students who wish to expand their musical skills and participate in music performance groups. Students can take music classes with solid academic studies, participate in all sports and prepare for any college. All students are encouraged to enroll. Students are graded on effort and participation daily, performance attendance, classroom attendance and concert critiques.

Concert Choir A, B
Credit: Fine Arts
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
Requirement: Can actively participate in daily rehearsals and all performances
This is an entry-level music class for student wishing to learn the basics of choral singing and reading music. Students’ grade will be based on their daily participation and their ability to learn and perform their parts on command. Students who demonstrate the ability to sing their part correctly will participate with group in choir concerts. This group performs approximately 5 concerts a year.
Concerts are a graded activity.

Choralaires A, B
Credit: Fine Arts, CP Option
Prerequisite: Audition (female only)
Length: 1 year
Grade level: 10, 11, 12
Requirement: Participation in all rehearsals and performances, the ability to read music, and a command of the basic vocal skills. This group will perform more difficult music, both with instrumentation and acappella. Performances will occur during and outside of the school day.

Symphonic Choir
Jazz Choir A, B
Credit: Fine Arts .25 credit each semester
Prerequisite: Enrolled in a choir that meets during the school day - audition
Length: 1 year
Grade level: 10, 11, 12
Class size limited to eighteen students.
This group rehearses from 6:45 to 7:45 a.m. on Monday, Wednesday, and Friday. Rehearsals and performances take place during and outside of the school day. These are required. We will develop the techniques of singing in the jazz style as well as the skill of improvisation.

Men’s Choir A, B
Credit: Fine Arts .25 credit each semester
Prerequisite: None (Men only)
Grade Level: 9, 10, 11, 12
Requirement: Participation in all performances and rehearsals.
This group rehearses from 6:45 to 7:45 a.m. on Tuesday and Thursday. Rehearsals and performances take place during and outside of the school day. These are required. This is an entry level class, no previous experience required.

9th Grade Band A, B
Credit: Fine Arts
Prerequisite: Previous experience in middle school band.
Length: 1 year
Grade level: 9
Requirements: Performances of regular concerts and contests large group, solo, and ensemble. All concerts are outside of the school day on designated evenings. This band combines with the other two bands to make up the Cougar marching band in the fall for 4-5 Friday nights in September and October.
This class is designed to provide a separate experience for just 9th grade students to come together in one band at one grade level. Students learn all 12 forms of major and minor scales, technical studies, and traditional band literature. We have fun!

Concert Band A, B
Credit: Fine Arts
Prerequisite: Previous experience in 9th grade band.
Length: 1 year
Grade level: 10, 11, 12
Requirements: Performances (concerts and contests) are outside of the school day. Good attendance is required by each member. This course provides an opportunity to further skills in performance and musicianship in a concert band situation. Students develop skills and basic musicianship in areas of tone production, rhythm (various meters), and ensemble playing in order to develop good intonation and ear training, and counting skills.

Wind Ensemble A, B
Credit: Fine Arts, CP Option
Prerequisite: Audition and instructor's permission only.
Length: 1 year
Grade level: 10, 11, 12
Requirements: Performances (concerts and contests) are outside of the school day. Good daily attendance is required by each member. Students may compete in sports and be in band at the same time; conflicts can be resolved between the teacher and the coach. Students will develop skills in technique, sight-reading, and tone production. They will also develop analytical skills to improve their listening and intonation. Students will develop ensemble skills. The class is limited in instrument section numbers. Private lessons are advised and recommended. Class literature is of the advanced nature and extra rehearsals and performances are expected. This is an auditioned group.

Jazz Band A, B
Credit:  Fine Arts, CP Option
Prerequisite: Concert Band or Symphonic Band - Admission by audition only.
Length: 1 year
Grade level: 9, 10, 11, 12
Requirements: Students must be involved in another music performance group. Performances and concerts are scheduled outside of the regular school day and attendance is required. Students will develop improvisational skills in playing and interpreting in the jazz idiom. This twenty-one-piece group is chosen by audition and cuts are made. Rehearsals are from 7:00-8:00 a.m. daily during the school year, September - June. The band performs for outside the school day gigs, festivals, and concerts.

9th Grade Orchestra A, B
Credit:  Fine Arts
Prerequisite: Previous experience playing a string instrument (violin, viola, cello, and stringbass).
Length: 1 year
Grade level: 9
Supplies: Students must provide their own instrument and uniform (tuxedo for boys, orchestra dress for girls).
Requirements: Students are expected to participate in daily rehearsals and performances. Four to five performances will take place outside of the school day. Students will continue to develop their technical and musical skills and gain in their understanding and appreciation of orchestral music.

Symphony Orchestra A, B
Credit: Fine Arts, CP Option
Prerequisite: Completion of 9th grade strings
Length: 1 year
Grade level: 10, 11, and 12
CP Option
Supplies: Students must provide their own instrument and uniform (tuxedo for boys, orchestra dress for girls). Continued…
Requirements: Students are expected to participate in daily rehearsals and performances. Four to five performances will take place outside of the school day. Students will continue to develop their technical and musical skills and gain in their understanding and appreciation of string and symphony orchestra music.

THEATRE

Theatre Arts A
Credit: Fine Arts
Prerequisite: None
Length: 1 semester
Grade level: 9, 10, 11, 12
This course is designed for the student interested in dramatic activities with an emphasis on performance. Areas covered in depth include: vocabulary, roles in the theatre, pantomime, movement, acting (scene work and one act plays), theatre evaluation, theatre history (from ancient Greek to the present), the reading of plays, acting in period styles(Greek, Shakespearean and Contemporary), and attendance at three live theatre performances. Students will be involved everyday in some performance-based activity. There is an emphasis on memorization, working as a team, and classroom attendance. This course will not count as an English credit.

Theatre Arts B
Credit:  Fine Arts
Prerequisite: Theatre Arts I, Theatre Arts A or instructor approval
Length: 1 semester
Grade level: 9, 10, 11, 12
This course is designed as the sequel to Theatre Arts A but with an emphasis on the technical aspects of the art form. Areas covered in depth include: play reading, scenic design, costume design, directing, and sound design. The attendance of three live theatre events outside Capital High School is required. Students will be creating projects throughout the term in groups/teams just as they would encounter in the professional theatre world. Emphasis on the knowledge of color, fabrics, construction materials, as well as writing and expressing ideas in front of a group. This course will not count as an English credit.

Theatre Production A, B
Credit:  Fine Arts
Prerequisite: Theatre I and II and instructor approval
Length: 1 year
Grade level: 10, 11, 12
This course is for those students wishing to work in areas concentrated on in the Theatre I and II sequence. This class takes all elements worked on in theory and puts them to use. Students will write and direct monologues, short scenes and one-act plays to be performed for student audiences. They will learn how to produce a theatre production with a given budget. There is an emphasis on in-class activities (improvisation, building skills) and outside play attendance. This course will not count as an English credit.

IB Theatre Arts A, B
Credit: Fine Arts, IB Elective
Prerequisite: None
Length: 1 year
Grade level: 11, 12
This yearlong course is one of the IB elective choices for students pursuing an IB Diploma or Certificate with an interest in the dramatic arts. This course has an emphasis on performance, technical aspects of the art form, theatre history, (from ancient Greece to the present), and acting in period styles. Areas covered in depth include: vocabulary, roles in the theatre, movement, acting, theatre evaluation, play reading and scenic and costume design. Students will be involved everyday in some performance-based activity. There is an emphasis on memorization, working as a team, individual thought and classroom attendance. Emphasis on the knowledge of color, fabrics, construction materials, as well as writing and expressing ideas in front of a group are essential. This course will not count as an English credit.

ARTS AND CULTURE

Arts and Culture A
Credit: Fine Arts
Prerequisite: None
Length: 1 semester
Grade level: 11, 12
This humanities course is designed to give a student an introduction to the world’s major civilizations by examining their artistic achievements, history, and culture. This course creates opportunities to view works of art, listen to music, and read literature in historical and cultural contexts. Attention will be focused on works of art in the broadest sense, works that reflect the central values and beliefs of a particular culture and historical moment. The class will focus its study on Ancient Egypt and Greece, Classical and Hellenistic Greece, the Roman Empire, Byzantine and Islamic Civilizations, Early Middle Ages and the Romanesque, and the Gothic and Late Middle Ages.

Arts and Culture B
Credit: Fine Arts
Prerequisite: Arts and Culture I or Arts and Culture B
Length: 1 semester
Grade level: 11, 12
This humanities course is designed to give a student an introduction to the world’s major civilizations by examining their artistic achievements, history, and culture. This course creates opportunities to view works of art, listen to music, and read literature in historical and cultural contexts. Attention will be focused on works of art in the broadest sense, works that reflect the central values and beliefs of a particular culture and historical moment. The class will focus its study on Renaissance and Mannerist Italy, the Renaissance in the North, the Baroque Age, the 18th Century, Romanticism and Realism and the Belle Époque.

VISUAL ART

Drawing/Painting
Credit: Fine Arts, CP Option
Prerequisite: None
Length: All year, or one semester. Two sequential semesters will satisfy art requirement.
Grade level: 9, 10, 11, 12
Fee: $20.00 per semester. Funds available if needed. You will also need to furnish some additional supplies.
Learn and practice basic drawing and painting techniques with a variety of painting and drawing mediums to explore your own creativity and to illustrate your ideas. Elements of Design and Principles of Organization as well as historic relevance will be included.

**Basic Design (Beginning/Advanced)**

Credit: Fine Arts, CP Option
Prerequisite: Beginning A, B must be taken before Advanced A, B
Length: All year, or one semester. Two sequential semesters will satisfy art requirement.
Grade level: 9, 10, 11, 12
Fee: $20 per semester. Funds available if needed.
Explore the elements of design, principles of organization, and art and culture with drawing, collage, painting and three dimensional projects. Students will learn and practice basic art techniques and discover their own creativity through such projects as cartooning, calligraphy, mobiles, painting, drawing, collage, and 3-D structures.

**Ceramics A, B (Beginning/Advanced)**

Credit: Fine Arts, CP Option
Prerequisite: Beginning A, B must be taken before Advanced A, B
Length: 1 semester
Grade level: 9, 10, 11, 12 (Advanced level may be repeated)
Fee: $20.00 Funds available if needed
Students will be introduced to hand building and wheel-thrown pottery. They will learn to sculpt in clay and learn the principles of glazing and ceramic decoration. The advanced class will build on the skills learned in Beginning Ceramics.

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**HEALTH & FITNESS**

**Health & Fitness Department Philosophy**

**Department Goals**

Physical -- The students understand their potential and constantly strive to better their skills and realize the importance of physical exercise.

Social -- The students abide by the rules, demonstrate good sportsmanship, accept responsibility, contribute to the welfare of the group, and respect the rights of others.

Emotional -- The students demonstrate self-control regardless of how trying the situations may be, consider cooperation rather than winning at all costs, and gain relaxation through physical activity as a participant or as a spectator.

Mental -- The students learn rules, strategies, and an understanding of activities for participation or as a spectator.

To complete a balanced two-year required program of health & fitness, it is recommended that students take the following:

a. One team activity such as volleyball and soccer or one individual/lifetime activity such as tennis and golf.

b. One developmental activity such as weight training and fitness and weights.

c. One year of 9th Health & Fitness including one semester of health.

**Graduation and Waiver Requirements for Health & Fitness:**

All high school students are required to complete the state graduation requirements of two credits in health and fitness, subject to the provisions set forth below.

All students shall be enrolled in a one-year course - one (1) credit – of study in health and fitness during their 9th grade year. Course content shall be directed toward meeting EALRs through “Standard Four”, including the development of a “Personal Health and Fitness Plan” and adopted grade level expectations. Exceptions may be granted for those students with approved Individualized Education Programs (IEP).

Students may apply for, and will be granted, a waiver from the second year of the fitness requirement upon completion of the requirements set forth below. The administration must approve a student’s application for waiver of the second year fitness requirement, based on the student’s participation in “directed athletics” if:
1) the student has received a passing grade in the 9th grade health and fitness requirement;
2) the student is an active participant in directed athletics, other than during health and fitness classes, for a period of 150 hours during the student’s sophomore and/or junior year. Directed athletics include, but are not limited to: all interscholastic and community-based sport and/or activities, such as swimming, dance, crew, or gymnastics, where the student’s athletic experience is directed by an adult who is at least twenty-one years of age;
3) upon completion of the school year for which a waiver is to be claimed, the student’s parent or legal guardian submits a signed form attesting to the student’s completion of the 150 hours, with signed verification by the supervising adult, as set forth in 2) above; and;
4) the student demonstrates that he/she will maintain enrollment in six subject matter classes each semester in grades 10-12, and is involved in a track of study which would otherwise be interrupted, such as, IB(International Baccalaureate), AP(Advanced Placement), CTE(Career & Technical), Running Start, Remediation, Arts & Music, Foreign Language, Science, and/or other academic track.

If a student transfers into the Olympia School District and has not met the first year health and fitness requirement, the student will first meet such requirement prior to applying for a waiver of the second year fitness requirement. (continued…)

A student who is granted a waiver under this policy is not excused from meeting the total number of credits required to graduate from the Olympia School District. A waiver from the second year of health and fitness may be granted in those circumstances where, in the reasonable opinion of the school, it is in the best interest of the student. Under an accompanying procedure, the Superintendent will set forth the criteria under which such circumstances may occur.

### Freshman Health and Fitness
**Credit:** Health & Fitness  
**Prerequisite:** None  
**Length:** 1 year  
**Grade level:** 9
This class is intended to increase a students understanding of physical, social, emotional, and the mental aspects that relates to an individuals well being. This class will integrate fitness and health as it applies to a student’s life. This is a participation class and daily dressing down is required. **Successful completion of 9th grade Fitness for Life is required for graduation.**

### 10-12 Lifetime Activity & Fitness A, B
**Credit:** Health & Fitness  
**Prerequisite:** Freshman Health and Fitness  
**Length:** 1 semester (Can be repeated)  
**Grade Level:** 10, 11, 12
This class is designed to offer the students the opportunity to play paddle/racket sports, court sports, and alternative sports through one semester. It is the intentions to have the students perform all activities from a recreational skill level. Games change each semester. A sample of games might include tennis, badminton, volleyball, basketball, team handball, golf, Takraw, lacrosse, speedball, ultimate Frisbee, and floor hockey to name a few. Through handouts, discussions, skill practice, and game playing the students will learn history, rules, and strategies, which will enable them to play with a level of confidence.

### Cardio Fitness A, B
**Credit:** Health & Fitness  
**Prerequisite:** Freshman Health and Fitness  
**Length:** 1 semester (Can be repeated)  
**Grade Level:** 10, 11, 12
This class is designed to improve or maintain the student’s level of fitness by improving flexibility, muscular strength, endurance, and cardiovascular fitness through various aerobic and anaerobic activities; step aerobics, floor aerobics, kickboxing, yoga, Pilates, circuit training, weight training, running, plyometrics, and power walking. The topics of nutrition, proper training, weight management, body composition, and wellness will be addressed.

### Success Oriented Health & Fitness A, B
**Credit:** Health & Fitness  
**Prerequisite:** Instructor approval  
**Length:** 1 semester (may be repeated)  
**Grade level:** 9, 10, 11, 12
This unique Health & Fitness class is designed to give all students a chance to perform at their individual best. Students needing extra assistance are paired with mentors to enable them to be more successful in various types of team, individual, developmental, and
alternative activities. All students can expect to be an active, suited participant. The goal of the class is to make Health & Fitness a fun place where self-esteem is fostered.

**Strength Training A, B**

**Credit:** Health & Fitness  
**Prerequisite:** Freshman Health and Fitness  
**Length:** 1 semester (may be repeated)  
**Grade level:** 10, 11, 12

This progressive coed class is open to all students who desire to learn the fundamentals of sound lifting techniques and proper training principals. Students are given daily exercise programs that are designed to meet the specific training levels and needs of individuals. Various assessments are made to measure the students understanding of weight room nomenclature, anatomy, fitness concepts, lifting technique, and training principals. While each student should experience a significant improvement in their strength, stamina, and flexibility, students are evaluated only upon their active participation and successful completion of assigned tasks, not upon the individual’s strength or strength gains. Students who repeat this class may expect to be challenged each semester with new learning and to act as peer mentors to first time students. All students are required to keep logs of their daily performance.

**Body Shape A, B**

**Credit:** Health & Fitness  
**Prerequisite:** Freshman Health & Fitness  
**Length:** 1 semester (may be repeated)  
**Grade level:** 10, 11, 12

This course is designed with a yoga, Pilate’s and strength emphasis. The objective is to increase muscle tone, flexibility, and a change in body composition. Body Shape is a unique strength class designed to work your whole body through continuous exercise using a variety of equipment such as free weights, body bars, bands and balls. This class is great for students who want to improve muscle strength & endurance and increase their metabolism.

**Women’s Lifetime Health and Fitness A, B**

**Credit:** Health & Fitness  
**Prerequisite:** Freshman Health & Fitness  
**Length:** 1 semester (may be repeated)  
**Grade Level:** 10, 11, 12

This class is designed to address women’s health and fitness issues. Topics include nutrition, fitness programming, self defense, consumerism, reproductive health care and disease prevention. Topics will vary each semester. The course will also include fitness planning and activities.

**Personalized Fitness A, B**

**Credit:** Health & Fitness  
**Prerequisite:** none  
**Length:** 1 semester (may be repeated)  
**Grade level:** 10, 11, 12

The objective of this class is to monitor students’ diet and create obtainable fitness goals to achieve weight loss. This course is designed for students who are overweight. Students will learn lifetime strategies for both diet and exercise. Students will participate in various aerobic and strength activities to promote weight loss. Fitness programs will be designed to meet the needs of each student. Students should enter into this class with a positive attitude and ready to meet the challenges of weight management.

**Sports Ready A, B**

**Credit:** Health & Fitness  
**Prerequisite:** none  
**Length:** 1 semester (may be repeated)  
**Grade level:** 10, 11, 12

This class is designed for the off season athlete who wants to start their season ready. The class will focus on plyometrics, strength training, speed drills, agility and flexibility training. The purpose is to get athletes ready for the start of their season, prevent injury and decrease fatigue. You should make sure you sign up for the semester opposite your sport season. A stands for fall semester, B stands for spring semester.

**HORTICULTURE**
Introduction to Horticulture A, B (Tech Prep)
Credit: Science or Occupational CTE, CP Option
Prerequisite: 1 year approved science
Length: 1 year
Grade level: 11, 12
This is a class for science or occupational credit. Students completing the course with a grade of B or better can earn 5-quarter hours of credit through South Puget Sound Community College. Major topics include basic botany (plant anatomy, growth, and development); plant reproduction techniques (seeds, cuttings, tissue culture); the plant environment (soil, light, water, air); identification of native and commercial plants; greenhouse construction and maintenance; pest management; the horticulture industry; marketing; and career and personal development.

Interiorscaping and Floral Design
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester (fall only)
Grade level: 9, 10, 11, 12
This is a one-semester class for occupational credit. Major topics include: personal and professional leadership skills; identification of houseplants by common and botanical name; environmental requirements of houseplants; plant propagation; pest management; history of the interiorscaping industry; careers available; basic floral design; and common names of floral design materials. Lab experiences will relate light, water, temperature, fertilizer, and pest management techniques to the care and production of interior plants. This course will not count as a Science credit.

Landscape Design and Management
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 semester (spring only)
Grade level: 9, 10, 11, 12
Landscape Design and Management is a class for occupational credit. Major topics include personal and professional leadership skills; career development; identification of shrubs and trees; establishing turf areas; principles of design; basic landscape drawing skills, including scale; use of Horticopia computer program; site analysis and customer interview; landscape installation; landscape maintenance techniques; and landscape design as a business. Students will design and develop a site on campus. This course will not count as a Science credit.

INDIVIDUALIZED EDUCATIONAL PROGRAM
(I.E.P. students only)
The Special Services Department endeavors to provide students with the opportunity to develop their skills in a way that accommodates their individual needs. The basic goal of the Special Services Department is to provide I.E.P. students with an opportunity to work on skills associated with academic, vocational, social, and behavioral needs. The underlying emphasis for this program is to prepare students for life after high school. This preparation can be for college, work, or other individually designed goals.
Entrance into the program is by referral through the Olympia School District Special Services or the natural progression of a student already having an I.E.P. from middle school. Based on the referral process, which includes a detailed assessment covering basic academic skills and career education, individual goals and objectives are designed for each student as part of the student’s Individual Educational Plan and Individual Transition Plan (I.E.P./I.T.P.). Students and parents are involved in the initial I.E.P. conference and in annual conferences thereafter. At this conference, yearly goals and objectives are carefully reviewed. The process satisfies requirements as defined by Individuals with Disabilities Education Act (I.D.E.A.).

English Fundamentals
Credit: English
Prerequisite: I.E.P. Placement
Length: 1 year
Grade: 9, 10, 11, 12
This is a multi-grade, special education class which focuses on improving students’ reading and writing skills. Students will develop grammar, spelling, and vocabulary skills. In addition, students will develop both decoding and reading comprehension skills. Coursework is modified to meet each student’s learning needs as well as grade level academic standards.

Math Lab
Credit: Math
Prerequisite: I.E.P. Placement
Length: 1 year
Grade: 9, 10, 11, 12
Math Lab is a year-long class that satisfies a high school math credit. This course focuses on high school math standards for Algebra I and Geometry skills. Coursework is modified to meet each student’s learning needs as well as grade level expectations for high-school students. Students will learn to use tools necessary for success in math as well as incorporating “real world” math skills such as budgeting and percentages.

Life Skills Classes
The Life Skills Program provides a variety of opportunities and experiences to facilitate increased knowledge and independence for all students. Specific skills are taught both individually and in groups and are generalized through functional class and community based activities.

Career Education and Exploration
Credit: Elective
Prerequisite: IEP Placement
Length: 1 semester
Grade Level: 11, 12
This class is designed to allow junior and senior IEP students to explore options after high school, which may include work, additional schooling or training. The course blends psychology, vocational assessment and personal growth exercises in an effort to determine what vocations fit the individual student. Everything from tax forms to interpersonal relationships at work is discussed in class. The Senior Culminating Project, a graduation requirement, will be supported in this class.

Social and Organizational Skills (SOS)
Prerequisite: IEP
SOS is a class designed to offer organizational skills and techniques for students who qualify for support through their IEP. The class also provides practice in social skills and emphasizes the development of social awareness through pragmatic applications. Role plays and active listening are two techniques used. Students are encouraged to become aware of their own behavioral impact on those around them. A weekly language lesson that focuses on improving social interaction is also offered. Admission is through a team meeting where the individual’s needs are discussed in relation to this class.

Transition Program
Length: This program is for students ages 18-21.
The transition program, located at South Puget Sound Community College and a community residence, is a program for students with developmental disabilities who are ready to concentrate on a community-based functional approach to learning. Students receive assistance in the following areas: vocational training and job exploration, job readiness skills, independent living skills, leisure/recreation, transportation, and continuing education. The goal of the program is to assist students and their families in developing and establishing support leading to active participation in the community.

Alternative Senior Social Studies A, B
Credit: Social Studies
Prerequisite: I.E.P. Placement
Length: 1 year
Grade level: 12
This is a year-long class where students study topics that prepare them for life after high school. Civics, current world problems, community, national and international issues will be studied. Through the use of news media and research, students will analyze media bias and learn about a variety of news sources. Students will study economics and trade as it applies to the U.S. and the world. Students will also study human development, communication, parenting and social skills needed for life. This course is required for graduation by the state.

Alternative U. S. History A, B
Credit: Social Studies
Prerequisite: I.E.P. Placement
Length: 1 year
Grade level: 10, 11
This course reviews U.S. History from colonial times to the present. The first semester moves from colonial times through World War I. The second semester goes from WWI to the present. Emphasis throughout is on how present situations, policies and conditions have been shaped by past events and contributions from diverse racial, social, cultural and economic groups.

Alternative World History A, B – Asian, Third World, Western Civilization
Credit: Social Studies
Prerequisite: I.E.P. Placement
Length: 1 year
Grade level: 10, 11
This course is designed to give students a well-rounded investigation into the history, geography, and culture of various areas in the world. During one semester students will study Asian and Middle Eastern societies and history. The other semester is devoted to the study of Western Europe and the history and societies of Africa and Latin America.

**LANGUAGE ARTS**

**Language Arts Department Philosophy**
To meet the Language Arts requirements for graduation, students must complete a year-long course in the ninth, tenth, and the eleventh grades. During the twelfth year, students may choose from several electives. College-bound students are encouraged to take at least one elective English class each semester of their senior year in order to meet admission requirements to four-year colleges. Approximately one third of the total Language Arts program is devoted to the study of writing, one-third to the study of literature, and one-third to the study of the English language and oral communication. The program is sequenced, which enables learning to continue and build on what has been taught before. The basic curriculum provides students with the opportunity to gain a strong traditional high school English education. The senior elective program includes further enrichment and college prep work. Senior electives may not be substituted for required coursework in 9th, 10th, and 11th grade.

**9th Grade English A, B (Required for all 9th graders)**
Credit: English
Prerequisite: None
Length: 1 year
Grade level: 9
This is a skills-based course that will focus on writing in a variety of modes through the study of plays, novels, short stories and poetry. Research and public speaking skills will also be addressed.

**Reading Essentials A, B**
Credit: Elective
Prerequisite: None (placement based on 7th grade WASL scores and teacher recommendation)
Length: 1 or 2 semesters
Grade Level: 9
The course is designed to identify and address specific reading skills that students need to meet standards on the 10th grade WASL and to increase success in high school courses and beyond. Targeted skills include reading fluency, comprehension, synthesis, and vocabulary development. Students will take this course in addition to 9th grade English. There will, however, be links to the student’s English class to provide extra support in that course as well. Reading Essentials will not require homework, but will involve students in class activities where they have multiple opportunities to demonstrate achievement of specific reading skills. The student who signs up for Reading Essentials will stay in the course until he/she demonstrates mastery of skills after which he/she may exit out and select another elective course.

**10th Grade English A, B**
Credit: English
Prerequisite: None
Length: 1 year
Grade level: 10
This survey course gives students an overview of world literature, drama, creative writing, and expository writing. Included is Greek drama, one or more plays by Shakespeare, a selection of international short stories, modern drama, and further exploration of poetry. The class emphasizes literary analysis and the continued development of critical thinking, speaking/discussion skills, and written compositions.

**10th Grade Honors English A, B**
Credit: English
Prerequisite: Successful completion of 9th grade English or by permission.
Length: 1 year
Grade level: 10
This course involves in-depth analysis of world literature; a focus on understanding difficult literature; participation in seminar discussions; the completion of a number of papers, group projects and presentations; and completion of required additional outside reading.

**11th Grade English A, B**
Credit: English
Prerequisite: None
Length: 1 year
Grade level: 11
Junior English is a required two-semester course that stresses reading, research, writing, and oral communication skills with emphasis placed on American literature that complements the themes studied in U.S. History.

11th Grade IB English A, B
Credit: English
Prerequisite: Approved IB Program application and student must complete a summer assignment.
Length: 1 year
Grade level: 11
This course is the first in a two-year sequence necessary to satisfy the requirements of the IB Language A1 Program. Students will complete an extensive study of several literary works, several of them in translation. Projects will include preparation of a world literature paper based on two translated works, several other compositions, oral presentations, seminar discussions and creative pieces.

Read 180 (Two Period Block)
Credit: 1 English & 1 Elective
Prerequisite: None
Length: 2 period block all year
Grade level: 9, 10, 11, 12
This course will focus on improving reading skills.

Debate
Credit: Elective (One semester may count as a senior English credit if taken in the 12th grade year.)
Prerequisite: Instructor's approval
Length: 1 semester (May be repeated)
Grade level: 9, 10, 11, 12
It's not just about arguing. In this course, students learn the fundamentals of academic debate, from research to argumentation. They will give speeches that persuade, inform, entertain and interpret drama, poetry and literature. This course also provides the opportunity for speech and debate competition at the local, state, and national level. (Students do not have to be in the class to compete).

Newspaper A, B
Credit: Elective (one semester may count as a Senior English if taken in the 12th grade year) or Occupational
Prerequisite: Instructor Approval
Length: Student must be enrolled in Newspaper the entire year.
Grade level: 9, 10, 11, 12
Journalistic writing allows students to write for the school newspaper and meets the writing requirements for college preparatory writing. The topics vary and include news, opinion, sports, and general interest articles. Along with writing at least three articles per issue of The Outlook students work with PageMaker and various other computer programs while assisting in the overall production of the paper.

12th GRADE ENGLISH ELECTIVE CLASSES: Offerings will vary each semester. Students may choose one elective per semester. Exception: 12th Grade IB English is a year-long course.

12th Grade IB English
Credit: English Elective
Prerequisite: Approved IB Program application and 11th IB English or have permission to enroll from the instructor
Length: 1 year
Twelfth grade IB is the second in a two-year sequence necessary to satisfy the requirements of the IB Language A1 Program. Students will complete an extensive study of poetry, plays, and novels, some of which are translated from the original works. Written and oral work will be vigorously pursued with an emphasis on critical thinking. Students will complete all assignments required by the International Baccalaureate Program and will prepare for the IB exam given in May.

Creative Writing
Credit: English Elective
Prerequisite: none
Length: 1 year
Students are given the opportunity to study and compose poetry, short stories, nonfiction and drama. Self-expression is emphasized.

Drama as Literature
Credit: English Elective
Prerequisite: none
This course will focus on the study of a variety of plays from a literary perspective, exploring how this genre is unique from other types of literature.

**Great Writers**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

Significant writers from the 19th, 20th and 21st century are studied. Students will read, discuss and write about a variety of writers and their varying approaches to literature. Close reading, reflection, analysis and critical thinking will be emphasized.

**Introduction to Film Study**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

Students learn the skills necessary to understand the medium of film. Class units will include a history of film from silent movies to today's films, a basic-techniques unit on how films are put together, and in-depth analysis of film genre and individual film classics.

**Senior Reading**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

Students have the opportunity to broaden their literary background and to read works of literature recommended for the college-bound student. Students will be expected to confer with the instructor about their reading on a regular basis.

**Senior Writing**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

Students will explore a variety of writing skills in preparation for college and the work place.

**Shakespeare**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

This course will take an in-depth look at several Shakespeare plays using texts, films, and in-class performances. Special focus will be given to the dramatic elements such as costumes, settings, character and staging.

**Short Story**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

This course will consist of reading and studying stories from a variety of genres such as mystery, science fiction, sports, adventure and romance.

**Speech**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

This course emphasizes public speaking as a channel to more effective communication in our lives and helps alleviate the anxiety associated with it. Students present and analyze several different types of speeches.

**World Mythology**
Credit: English Elective  
Prerequisite: none  
Length: 1 semester

While most students know many of the Greek and Roman myths, few students know the great myths and epics of other cultures. Students gain an overview of the role of mythology in human history as well as an introduction to the myths of Greece and Rome, the
Middle East, northern Europe, the British Isles, Asia, Africa, and the Americas. Each student is required to choose one of the above cultures to do additional research and reading; the results of this study are presented to the class.

MATH

Math Department Philosophy
A student must have two years of math in order to graduate from Capital High School. The courses of Algebra 1, Geometry, Algebra, Pre-Calculus, and Calculus are sequential college prep courses and enrollment in any of these courses requires credit in all the courses before it. Most four-year colleges require a minimum of Algebra 1, Geometry, and Algebra 2 for entrance. Students should check with counselors about these requirements. For a more specific look at course content, a copy of the course Scope and Sequence may be requested. (cont…)

List of courses:
Math Essentials
Segmented Math
Algebra 1
Geometry
Algebra 2
IB Pre-Calculus
IB Calculus
IB Discrete Math (may be taken anytime after completion of Algebra 2)

Any deviation from the above sequence should be discussed with a counselor and approved by the math coordinator prior to enrollment.

*Note: Students who have not yet passed the 10th grade WASL in math MUST remain in a math course and pass that class, even if the student has already earned 2 math credits. The student must also continue to attempt the math WASL each year.

Math Essentials 1A, B
Credit: Math
Prerequisite: Instructor recommendation and math placement score
Length: 1 year
Grade Level: 9, 10
Math Essentials replaces the Pre-Algebra sequence at the high school level. This class visits topics covered in the traditional Pre-Algebra, Algebra, and Geometry sequence while using a two pronged approach emphasizing the mastery of basic skills and exploring math concepts in hands-on labs. The concepts and skills covered include, numerical computation (including fractions, decimals, and percentages), algebraic thinking, graphing, measurement, geometry, navigation, probability, and statistics. This course is aligned with the Washington State Essential Academic Learning Requirements for math, and covers the appropriate topics to prepare students for the 10th grade.

Segmented Math
Credit: Math
Prerequisite: Failed WASL
Length: 1 year
Grade Level: 11, 12
This is a course for juniors or seniors who have not yet passed the math WASL. It teaches fundamental concepts from both Algebra and Geometry with the intent of assisting students to pass the math WASL exam in the spring.

Algebra I A, B
Credit: Math
Prerequisite: Placement test score or instructor recommendation
Length: 1 year
Grade Level: 9, 10, 11, 12
Students will learn the fundamental language, structure and methods of Algebra. Specifically these concepts will be applied to solving and graphing linear equations, solving systems of linear equations, operations with polynomials, quadratic equations, and problem solving.

Geometry A, B
Credit: Math
Prerequisite: Algebra I
Algebra 2 A, B
Credit: Math
Prerequisite: Algebra I and Geometry.
Length: 1 year
Grade level: 9, 10, 11, 12
A scientific calculator is required, a graphing calculator is optional. This course is an extension of the topics introduced in Algebra I and Geometry with an emphasis on graphing and modeling. Polynomials and factoring, systems of linear equations, along with matrices and geometric transformations will be examined. Students will cover the concept of functions with special focus on linear, quadratic, polynomial, exponential, and logarithmic.

IB Pre-Calculus A, B
Credit: Math
Prerequisite: Algebra II A, B
Length: 1 year
Grade level: 9, 10, 11, 12
A graphing calculator is required. This course emphasizes a variety of functions. Algebraic functions will include polynomial, exponential, and logarithmic functions; graphing and deriving equations from data will be explored on the calculator. Another focus will be on trigonometric functions, their graphs, trig identities, and problem solving using right and non-right triangle equations. Finally, the course will include Statistics and Probability, which includes sampling techniques, measures of dispersion, combinations, permutations, and normal curves.

IB Discrete Math A, B
Credit: Math, Culminating Project Option
Prerequisite: Algebra 2
Length: 1 year
Grade Level: 11, 12
This course will cover a broadrange of mathematical topics. Students will study concepts in the areas of algebra, sets & logic, statistics & probability, functions, trigonometry & geometry, financial mathematics, and some other advanced mathematical topics. As a part of the course, the students will complete a project exploring a mathematical topic which could be used as a senior culminating project. Upon completion of this course, students may opt to take the IB Math Studies exam. CP option.

IB Calculus A, B
Credit: Math, CP option
Prerequisite: IB Pre-Calculus A, B
Length: 1 year
Grade level: 11, 12
This course develops the concept of the derivative and the integral, and applies the concepts to polynomial and transcendental functions. The knowledge of the calculus concepts is used to solve maximum minimum, related rates, area, and volume problems. The student will study the concepts of both algebraic and transcendental functions. 

Note: Two semesters of Calculus will prepare a student for the IB Mathematics test. CP option.

SCIENCE

Science Department Philosophy

The science curriculum is designed to provide students with an understanding of scientific processes and to show applications of scientific thinking both to everyday practical experiences and to problems of society. Science courses are also provided to prepare students for technical studies in college and to offer options to students with interests or plans in specific areas. A student must complete two years of science to graduate from Capital High School. The first year requirement is completed in the ninth grade. Completing a one-year sequence of Biology, Horticulture, Chemistry, or Physics can satisfy the second year requirement.
SCIENCE PATHWAYS
Beginning with Class 2010

<table>
<thead>
<tr>
<th></th>
<th>Path 1 (advanced)</th>
<th>Path 2 (general)</th>
<th>Path 3 (Disadvantage: no biology before WASL)</th>
<th>Path 4 (Disadvantage: no physics)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Freshman</strong></td>
<td>Biology (Previous or concurrent enrollment in geometry required)</td>
<td>Physical Science</td>
<td>Physical Science</td>
<td>Physical Science</td>
</tr>
<tr>
<td><strong>Sophomore</strong></td>
<td>Physics (Previous or current enrollment in Algebra 2 required)</td>
<td>Biology or Biology through Horticulture</td>
<td>Chemistry</td>
<td>Biology</td>
</tr>
<tr>
<td><strong>Junior</strong></td>
<td>IB HL Chemistry I</td>
<td>Chemistry, Chemistry in Context, or Intro to Horticulture</td>
<td>IB SL Biology</td>
<td>IB HL Chemistry I</td>
</tr>
<tr>
<td><strong>Senior</strong></td>
<td>IB HL Chemistry II</td>
<td>Physics (Previous or current enrollment in Algebra 2 required) or other advanced science courses</td>
<td>Physics (Previous or current enrollment in Algebra 2 required) or other advanced science courses</td>
<td>IB HL Chemistry II</td>
</tr>
</tbody>
</table>

Sports Medicine: For students interested in the Sports Medicine program, the recommendation is to take the onesemester introduction course freshmen year concurrently with biology or physical science. Then, as a sophomore, students may enter a three-year program taken concurrently with other science course requirements and electives. It is also recommended that you have Biology, Physics and Chemistry knowledge to get the most out of the program.

**Biology Through Horticulture A,B**

**Credit:** Science or Occupational
**Prerequisite:** 2 semesters of an approved year of science
**Grade level:** 10, 11, 12

Biology through horticulture provides an overview of biology concepts with an emphasis on plant structure and function. Subjects covered include cell biology, genetics, evolution, ecology, soils, pest management, and propagation. Students will use the scientific method to explore the relationships between plants and their environment. This course meets the state essential learning requirements.

**Introduction to Horticulture A, B (Tech Prep)**

**Credit:** Science or Occupational
**Prerequisite:** 1 year approved science
**Length:** 1 year
**Grade level:** 11, 12

This is a class for science or occupational credit. Students completing the course with a grade of B or better can earn 4-quarter hours of credit through South Puget Sound Community College. Major topics include basic botany (plant anatomy, growth, and development); plant reproduction techniques (seeds, cuttings, tissue culture); the plant environment (soil, light, water, air); identification of native and commercial plants; greenhouse construction and maintenance; pest management; the horticulture industry; marketing; and career and personal development. CP option.

**Physical Science A, B**

**Credit:** Science
**Prerequisite:** None
**Length:** 1 year
**Grade level:** 9

Students will be exposed to the same science concepts during this year regardless of teacher/class period. Instruction will be coordinated continually to meet the new state standards. Various topics will be explored. The "Nature of Science" to include the "Major Laws and Principles" that bring the physical sciences (chemistry and physics) together will be the foundation for this course. Essential learning standards are established for course completion in scientific safety, lab work and experiments, using correct scientific method to complete labs, and use of established format for lab reports emphasizing correct scientific communications. Collection of scientific data and observations while analyzing them for appropriate interpretations is essential to this learning process.
Biology A, B
Credit: Science
Prerequisite: Enrollment in 2 semesters of Physical Science. 9th grade requirement is completion of, or enrollment in, Geometry.
Length: 1 year
Grade level: 9, 10, 11, 12

Biology provides an overview of concepts in Biology through textual, laboratory and technological means. Learning biological vocabulary, providing hands-on experiences, and improving study skills through the exciting medium of living systems are our primary goals. Subjects covered include biochemistry, cell biology, genetics, evolution, human biology, and ecology. Students are expected to meet mastery standards.

SL Biology A, B
Credit: Science
Length: 1 year
Grade level: 11, 12

This is a year-long course primarily intended for students who are not pursuing a full IB diploma. It will cover many of the same topics as Biology A&B, but in greater depth, and will have a more advanced lab component. The scope of the class will be broader than regular Biology and the pace will be faster. Students may take this class in the junior or senior year.

Chemistry A, B
Credit: Science
Prerequisite: 2 semesters of an approved year of science, Geometry or Algebra II (concurrent)
Length: 1 year
Grade level: 10 (with approval), 11, 12

Requirement: Bound lab note book

This class features a lab-oriented approach to Chemistry designed to enable students to learn about the properties and interaction of matter through observation and experimentation. Strong skills in Algebra I recommended.

IB Chemistry I A, B (*New)
Credit: Science
Prerequisite: Biology (B or better) and Physics (B or better) and Algebra II (B or concurrent)
OR
Chemistry A, B
OR
Permission of Instructor

Requirement: Scientific Calculator

This class is the first in a rigorous 2-year program. Chemical principles govern the physical environment as well as biological systems. Chemistry is a prerequisite for many courses in higher education, such as medicine and biological and environmental sciences. In this course, selected inorganic and organic chemistry topics will be covered in depth. Laboratory investigations will comprise approximately 25% OF THE COURSE. Students will be expected to keep a well-maintained laboratory portfolio. Students attempting an IB diploma must successfully complete IB Chemistry I, IB Chemistry II in grade 12, and take the IB Chemistry exam in May of grade 12.

IB Chemistry II A, B (HL) *Offered in 2009-2010
Credit: Science
Prerequisite: IB Chemistry IA and B
OR
Chemistry (B or better) and Algebra II (B or better)
OR
Permission of Instructor

Requirement: Scientific Calculator

This class is the second in a rigorous 2-year program. Selected advanced chemistry topics will be covered in depth. Laboratory investigations will comprise approximately 25% of the course. Students will be expected to keep a well-maintained laboratory portfolio. Students attempting an IB Diploma must successfully complete IB Chemistry I in grade 11, IB Chemistry II in grade 12, and take the IB Chemistry exam in May of grade 12.

IB Biology II A, B (*Last year to be offered)
Credit: Science
Prerequisite: Chemistry, successfully completed IB Biology I or instructor approval
Length: 1 year
Grade level: 12
This class will cover selected biology topics in depth focusing on physiology of the human body. Students are expected to prepare for class through outside reading, both in the text and other assigned sources. Total lab time is expected to be approximately 25% of the class and a well maintained lab notebook is an essential part of the course. Students interested in an IB diploma must successfully complete the course and take the IB exam in May of their senior year. CP Option.

**Physics A, B**
*Credit: Science*
*Prerequisite:* 2 years of an approved year of science and Algebra II (may be taken concurrently) or instructor approval.
*Length:* 1 year
*Grade level:* 10, 11, 12
Students will use the scientific method and problem solving techniques to learn basic concepts including mechanics, waves, and electromagnetism. Students will gain an elementary knowledge of modern physics.

ADVANCED SCIENCE COURSES: Offerings will vary each semester. Students may choose one elective per semester. All classes require 2 years of science and may require an application.

**Environmental Studies**
*Credit: Science*
*Prerequisite:* 2 years of Science
*Length:* 1 semester
*Grade Level:* 11, 12
The focus of this course will be to introduce the student to environmental issues and their impact on the world around them. Students will investigate the scientific, economic, legal, political, and ethical aspects of each area of conservation. Class will be composed of guest speakers, labs, investigations, and group assignments. We also take interesting field trips (optional) to Wofhaven, Nisqually Wildlife Refuge, a fish hatchery, and the waste management facility.

**Geology**
*Credit: Science*
*Prerequisite:* 2 years of Science
*Length:* 1 semester
*Grade Level:* 11, 12
This class studies the physical history of the earth, the rocks of which it is composed and the physical changes which the earth has undergone or is undergoing. Field trips may be included.

**Sports Medicine A, B**
*Credit: Occupational or Science Elective, CP Option*
*Prerequisite:* Teacher permission required
*Length:* 1 year (may be repeated for full three-year program)
*Grade:* 10, 11, 12
This is a three year course designed for students who plan on making medicine a career. Sophomores will have priority in scheduling for this course. In this course, students will learn the basics of anatomy, physiology, biomechanics, kinesiology, general nutrition, and basic athletic training procedures. Instructional materials and activities support attainment of National Safety Council, American Sports Medicine Association, and The National Athletic Trainers’ Association industry standards. Lab sessions cover training room operations, taping and wrapping, athletic injury assessment, advanced first aid, use of heat & cold modalities, record keeping, rehabilitation, and time management skills. Also included are job shadow and internship opportunities. Extended hours are required per instructor’s specifications. **NCAA does not accept this course for a science credit.**

**SERVICE / ELECTIVE CLASSES**

**Academic Mentor A, B**
*Credit: Elective*
*Prerequisite:* Student must be in good standing
*Length:* 1 semester (May be repeated)
*Grade level:* 10, 11, 12
This class attracts highly motivated students willing to assist other students in academic course work. Mentors will assist in the classroom by reviewing daily material with one or more students.

**Leadership A, B**
Credit: Elective, CP Option  
Prerequisite: Essay, two teacher recommendations and instructor approval  
Length: 1 year (May be repeated)  
Grade levels: 9, 10, 11, 12

The Leadership program will reflect the belief that students want to become meaningfully involved in the school community. The class is based on the concept that leadership can be developed in a variety of school areas, curricular and co-curricular. Students will learn about leadership and provide services to students, parents, staff, and the community. The three ASB officers will assist the Activities Director in running the class and working with student government. Hands on projects in this class include blood drive, canned food drive, dance planning, assembly preparation, and committee responsibilities.

**Link Crew A, B**

Credit: Elective  
Prerequisite: Teacher Permission, Link Crew Training and current Link Crew involvement  
Length: 1 year (may be repeated)  
Grade Level: 11, 12

The Link Crew class will provide mentoring for freshmen students as well as support for the school community. Students will have a variety of roles, which will include fundraising, recruiting, developing programs, teaching programs, and providing services to students, parents, staff, and the community. Hours spent outside the school day may be used toward community service needed for IB or Academic All-American awards.

**Library Technician A, B**

Credit: Occupational CTE.  
Prerequisite: Instructor approval  
Length: 1 semester  
Grade level: 10, 11, 12

A library technician provides a service to staff and students and participates in a "real" job. This job can be listed on a job application/resume since it provides experience both with office work and with meeting and serving the public. Library Technician A students will learn to manage the circulation desk, navigate the CHS Library web page, assist with book processing, maintain an assigned section of the library and assist other students in using both print and online resources. Library Technician Astudents research the job market in the field of library science, discuss workplace safety issues and conclude the semester with a mock job interview.

Library Technician B students must have successfully completed Library Technician A. Students build on previous skills. Library Technician B students complete a small research project, learn to use technology for professional presentations, write a professional book review and continue to maintain an assigned section of the library.

**Newspaper A, B**

Credit: Elective, Occupational (one semester may be used as senior English elective-sign up under ENG 401 Journalistic Writing)  
Prerequisite: Instructor Approval  
Length: 1 year  
Grade level: 10, 11, 12

This course gives students the opportunity to learn the different aspects of publishing a newspaper. These aspects include writing articles, editing, page layout, advertising, and printing the newspaper. Although the main emphasis of the class is on writing, the course also involves studies of journalism ethics and law. Colleges and NCAA do not accept this course for English credit.

**Office/Teacher Assistant A, B**

Credit: Elective .5  
Prerequisite: Instructor approval  
Length: 1 semester  
Grade level: 10, 11, 12  
Pass/fail only

The students will assist teachers and office personnel in carrying out necessary tasks; no more than one T.A. class may be taken per semester without special permission.
Students are trained to be Outdoor School Counselors. Classes are offered before school during spring semester. Students attend a three day camp session at Camp Cispus at the culmination of the training.

**Senior Culminating Project**

**Credit:** Elective  
**Prerequisite:** none  
**Length:** 1 semester  
**Grade level:** 12  
This class is designed for students who need additional structure and guidance to complete the senior culminating project. The teacher will give instruction and guidance through each required component. Students will design and implement their own projects, and much of the work will need to be done outside of class.

**Yearbook A, B**

**Credit:** Elective, Occupational CTE.  
**Prerequisite:** By application only – Apply in April for following year.  
**Length:** 1 year  
**Grade level:** 10, 11, 12  
Students will be involved in the planning and production of the Yearbook for the entire school year. This course requires many after school hours.

**SOCIAL SCIENCE**

**Washington State History and Government**

**Credit:** Social Studies  
**Prerequisite:** None  
**Length:** Independent Study  
**Grade level:** 9, 10, 11, 12 (may be taken in middle school)  
In this course students will learn the history and current status of Washington's political, economic, social, and geographic influences. A state history course must be completed for graduation.

**Honors World History A, B - Asian, Third World, Western Civilization**

**Credit:** Social Studies  
**Prerequisite:** Successful completion of 9th grade English; only by permission.  
**Length:** 1 year  
**Grade level:** 10  
This course is designed to prepare students for participation in the International Baccalaureate Diploma Program. The content of the course is the same as World History. Students in Honors World History will experience a more rigorous program refining the skills necessary for success in college and IB courses at Capital High School.

**World History A, B – Asian, Third World, Western Civilization**

**Credit:** Social Studies  
**Prerequisite:** None  
**Length:** 1 year  
**Grade level:** 10  
This course is designed to give students a well-rounded investigation into the history, geography, and culture of various areas in the world. During one semester students will study Asian and Middle East societies and history. The other semester is devoted to the study of Western Europe and the history and societies of Africa and Latin America. Each student must study all areas by the end of the year. Students who excel may also participate in the IB social studies courses in 11th and 12th grades.

**United States History A, B**

**Credit:** Social Studies  
**Prerequisite:** None  
**Length:** 1 year
Grade: 11
This course reviews U.S. history from colonial times to the present. The first semester moves from colonial times through World War I. The second semester goes from WWI to the present. Emphasis throughout is on how present situations, policies, and conditions have been shaped by past events and contributions from diverse racial, social, cultural, and economic groups.

**IB History of the Americas A, B**

**Credit:** Social Studies  
**Prerequisite:** Approved IB program application  
**Length:** 1 year  
**Grade level:** 11, 12  
This course deals with the history of the western hemisphere beginning with the development of indigenous cultures and extending to the mid-twentieth century. Students will be challenged to assess historical materials, weigh evidence and interpret historical information. History of the Americas is the first of two history courses necessary for students interested in an International Baccalaureate Diploma or Certificate. All students enrolled will complete a 2000-word essay emphasizing skills and an important historical topic of interest.

**IB Psychology A, B**

**Credit:** IB Elective  
**Prerequisite:** Approved IB Program application  
**Length:** 1 year  
**Grade level:** 11, 12  
IB Psychology is an in depth examination of the psychological theories of behavior and their applications. This course is one of the elective subjects students may select to study in pursuit of an IB Diploma or Certificate. The course is also open to motivated students interested in a more in depth study of psychology.

**IB Twentieth Century World History A, B**

**Credit:** Social Studies  
**Prerequisite:** Approved IB program application  
**Length:** 1 year  
**Grade level:** 12  
This is the second year of the IB course offering in history. This course is designed for motivated students interested in rigorous and in depth study of the world in the twentieth century. In addition to normal course work, emphasis is placed on the analysis of primary sources and the successful completion of the IB exam in history in May of the senior year. University credit may be granted for successfully completing the IB program.

**IB Theory of Knowledge A, B**

**Credit:** Elective  
**Prerequisite:** IB Diploma Candidates only.  
**Length:** 1 semester  
**Grade level:** 12  
This course is intended to stimulate critical reflection upon the knowledge and experience gained inside and outside the classroom. TOK challenges students to question the bases of knowledge, to be aware of subjective and ideological biases, and to develop a personal mode of thought based on analysis of evidence expressed in rational argument. This course is a required interdisciplinary course for IB diploma candidates.

**Psychology/Sociology**

**Credit:** Social Studies  
**Prerequisite:** None  
**Length:** 1 semester  
**Grade level:** 12  
Students will participate in an introduction to the fields of psychology and sociology; their histories, perspectives and current status. Both psychology and sociology address complex issues so that students can develop a greater understanding of individuals and societies.

**Contemporary World Problems and Macro Economics**

**Credit:** Social Studies  
**Prerequisite:** None
Length: 1 semester
Grade level: 12
In this twelfth grade course, students will study national and international issues through use of the news media and research. Students will analyze the media and issues through observation and research. The class also involves the study of macro economic concepts, including globalization and international trade as they apply to the U. S. and the world. This course is required for graduation by the state.

SPORTS MEDICINE

Foundations of Sports Medicine
Credit: Occupational CTE, CP Option
Prerequisite: $15 lab fee
Length: 1 year
Grade: 9, 10, 11, 12
In this course students will learn the basics of sports medicine, medical careers, general nutrition, and basic athletic training procedures. Basic lab sessions include prophylactic taping, nutritional analysis and diet management. This course is designed for students who have interest in various medical professions and learning more about sports medicine related injuries and management. Students will earn certification in First Aide and CPR.

Sports Medicine A, B
Credit: Occupational or Science Elective, CP Option
Prerequisite: Teacher permission required
Length: 1 year (may be repeated for full three-year program)
Grade: 10, 11, 12
This is a three year course designed for students who plan on making medicine a career. Sophomores will have priority in scheduling for this course. In this course, students will learn the basics of anatomy, physiology, biomechanics, kinesiology, general nutrition, and basic athletic training procedures. Instructional materials and activities support attainment of National Safety Council, American Sports Medicine Association, and The National Athletic Trainers’ Association industry standards. Lab sessions cover training room operations, taping & wrapping, athletic injury assessment, advanced first aid, use of heat & cold modalities, record keeping, rehabilitation, and time management skills. Also included are job shadow and internship opportunities. Extended hours are required per instructor’s specifications. NCAA does not accept this course for a science credit.

Sports Medicine Practicum A, B (After School)
Credit: Occupational CTE
Prerequisite: Instructor permission. Must be taken concurrently with Sports Medicine Class.
Length: 1 or 2 semesters (may be repeated)
Grade level: 10, 11, 12
Special Information: Only offered as an after-school class
Taken concurrently with Sports Medicine, this course offers opportunities for application of skills in dealing with injuries of team members in various sport training programs. Students acquire on-the-job experience working with coaches, athletes, team physicians, and other health care professionals.

TECHNOLOGY

Technology Department Philosophy
This department believes in activity-oriented instruction that develops problem solving and creative thinking skills. Learning by doing and self discovery are keys to becoming independent learners. This department provides exploratory learning experiences related to today's technologies and art form. Classes prepare students for further education in the working world and advanced college classes.

**Department Objectives:**
- To provide meaningful learning experiences through hands-on activities.
- To help students become aware of the technologies.
- To develop an awareness of the world of work and technology's role in it.
- To provide students with basic and advanced skills in technology.

**Introduction to Communication Arts**

**Credit:** Occupational CTE., CP Option  
**Prerequisite:** none  
**Length:** 1 semester  
**Grade level:** 9, 10, 11, 12  
The world of media is awash in striking images, video, audio and graphic design created to capture our imagination and communicate complex ideas. This class explores the basics of digital photography, video, audio, graphics creation, multimedia, and Internet technologies as vehicles for expression. Emphasis is placed on personal expression of complex ideas, leadership, and skills development. Students are exposed to the value of being not just consumers but also authors and publishers of media. Issues are raised and discussed about modern expression and its implications. This is an introduction to visual communication and web development.

**Visual Communications A, B**

**Credit:** Occupational CTE, CP Option  
**Prerequisite:** Introduction to Communication Arts or previous Visual Communications  
**Length:** 1 semester (may be repeated)  
**Grade level:** 9, 10, 11, 12  
**Fee:** $25.00 (Lab fee)  
Students will learn about visual communications through hands-on projects. The course includes advanced photography principles and skill development. It also includes advanced visual presentation using computer-aided techniques as well as image scanning and manipulation. Students work with black and white film exposure, development and printing, visual presentation, software (Adobe Photoshop), basic web design (Macromedia, Dream-Weaver), and related computer applications.

**Web Development A, B**

**Credit:** Occupational CTE, CP Option  
**Prerequisite:** Introduction to Communication Arts or previous Web Development  
**Length:** 1 semester (may be repeated)  
**Grade level:** 9, 10, 11, 12  
This class takes students through the basic steps involved in authoring and producing HTML and CSS documents, placing them on a web server, and maintaining a site. We work with new possibilities in text, images, sound and video content on the Web. This will require gaining competency in the use of a number of multimedia authoring applications. Students will be actively involved in producing both their own pages and pages they develop in partnership with other classes at Capital High School and other schools in the district or county.

**IB Generation TECH A, B**

**Credit:** Occupational, IB Elective, CP Option  
**Prerequisite:** Introduction to Communication Arts or previous Generation TECH/IB  
**Length:** 1 semester (may be repeated) IB-one year  
**Grade level:** 9, 10, 11, 12  
Students will develop skills in problem solving, computer technology support, telecommunications, interpersonal communications and leadership. “On the job training” will be the main mode of instruction. Rather than using a book for the class these students will be writing the book, literally. Daily logs, based on each days activities and experiences, will be maintained by each student. Students will become proficient in the use of telecommunications through the use of the Internet. They will become information resources for each other by helping locate sources for computer support and projects that would be helpful for teachers’ infusion of technology in to the classroom. Leadership opportunities will be present on a daily basis as these students interact with school staff members and students.
Capital News Service (CNS) A, B
Credit: Occupational CTE, CP Option.
Length: 1 semester (May be repeated)
Grade level: 9, 10, 11, 12
This course includes the study of the many skills required to plan and produce videos. Techniques for developing, writing, and filming news; developing features and editorials; and using the audio and visual equipment will be studied. This class is responsible for the production of the Capital News Service Program and the daily announcements. Colleges and NCAA do not accept this course for English credit.

Basic Engineering Drafting Technology I A, B
Credit: Occupational CTE, CP Option
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
This is an elective course in which drafting machines and Parallel Rules are used to draw many different types of drawings ranging from simple orthographic projections to more complex exploded isometrics and surface developments, and introduction to CAD.

Adv. Engineering Drafting 2A/B
Credit: Occupational CTE, CP Option
Prerequisite: 1 year Basic Drafting Technology I
Length: 2 semesters
Grade level: 10, 11, 12
The students will expand on the knowledge gained in Drafting Technology I, including fasteners and basic ACAD skills.

Architectural Drafting 2 A, B
Credit: Occupational CTE, CP Option
Prerequisite: 1 year of Basic Mechanical Drafting
Length: 1 year
Grade level: 10, 11, 12
This is an elective course in which the students will develop drafting skills using ACAD and board work and be introduced to various areas of home design including floors, foundations, roofs, elevation, and 1 pt. and 2 pt. perspectives and ACAD skills.

Advanced Architectural Drafting 3 A/B
Credit: Occupational CTE, CP Option
Prerequisite: 1 year Architectural Drafting II
Length: 2 semesters
Grade level: 11, 12
Requirement: ACAD computer skills.
This is an elective course in which the advanced drafting students will develop skills in the use of ACAD drafting.

Advanced Architectural Drafting 4 A/B
Credit: Occupational CTE, CP Option
Prerequisite: Architectural Drafting III
Length: 1 year
Grade level: 12
Requirement: ACAD computer skills.
This is an elective course in which the advanced drafting students will develop advanced skills in ACAD drafting and prepare portfolios.

Metals/Welding Technology A, B
Credit: Occupational CTE, CP Option
Prerequisite: Basic math skills *
Length: 1 semester (may be repeated)
Grade level: 9, 10, 11, 12
$25 Lab Fee
The students will learn and practice welding techniques necessary for the metal working industry or hobby applications. Individual and group activities are designed to simulate industrial welding operations. A major portion of each class is spent working on projects in a large, well-equipped laboratory classroom. Student will prepare a portfolio of their work.
*Note: Appropriate basic math skills to read rulers, add, subtract, multiply, and divide fractions, decimals, and whole numbers.

Power Technology A, B (Beginning/Advanced)
Credit: Occupational CTE, CP Option
**World Language Department Philosophy**

The World Languages Program is designed to provide students the opportunity to study one or more popular world languages. It is the philosophy of the department that every person is able to and should learn another language to broaden his/her perspective of the world and its cultures. The study of another language also serves to inform and deepen the understanding of the learner’s native language.

All world language courses are open to students in grades 9-12 and must be studied in sequential order, i.e.: Language 1 AB; 2AB; etc.

Students may be required to purchase workbooks and/or dictionaries.

Students must maintain passing grades at all times. If a student does not pass, he/she must repeat that section the following year to continue the study of the language.

To be successful in taking a language, students must:

1. Have good attendance-missed class time impacts performance and understanding.
2. Develop and utilize effective study habits and skills.
3. Participate enthusiastically-constant practice is a key component.
4. Seek opportunities for out of class practice on a regular basis.
5. Realize that learning another language is a long term commitment.

**IB for World Language**

Students interested in the International Baccalaureate Degree program can study the four modern languages of French, German, Japanese, and Spanish. Years one and two will experience standard classes to become adequately familiarized with the target language. Third and fourth-year students who are working toward an IB Diploma or Certificate will experience a greater academic challenge than standard classes. There will be more projects and more intensive use of the target language in discussions, presentations, and a wide variety of written production to adequately prepare them for the oral and written IB exams.

**Chinese I A, B**

Credit: Elective
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12

This course introduces students to the basics of the Chinese written and spoken language.
Chinese II A, B
Credit: Elective
Prerequisite: "C" or better in first-year Chinese recommended
Length: 1 year
Grade level: 10, 11, 12
Second year Chinese builds on the foundation of the language learned in the first-year course.

Chinese III A, B
Credit: Elective
Prerequisite: Second-year Chinese. “C” or better in Chinese II is recommended.
Length: 1 year
Grade level: 11, 12
Third-year Chinese emphasizes the conversational language.

Chinese IV A, B
Credit: Elective
Prerequisite: Third-year Chinese. “C” or better in Chinese III is recommended.
Length: 1 year
Grade level: 12
Fourth-year students have the opportunity to read short works of literature written in the Chinese language.

French I A, B
Credit: Elective
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
During this first-year course, the focus will be on self-expression: describing and answering questions about yourself, your friends, and family, and what goes on in your daily life. Students will develop beginning speaking, listening, reading and writing skills in French. From the first day, students will be expected to communicate in French as much as possible.

French II A, B
Credit: Elective
Prerequisite: "C" or better in French I recommended
Length: 1 year
Grade level: 9, 10, 11, 12
Students will continue to improve their writing, pronunciation, and fluency through interaction with their teacher, peers, and native speakers. They will read poetry and literature adapted for their level, acquaint themselves with French and Francophone culture, and find resources and information on the Internet. They will continue to master grammatical structures and to broaden their base of vocabulary.

French III A, B
Credit: Elective
Prerequisite: “C” or better in French II recommended.
Length: 1 year
Grade level: 10, 11, 12
Students will continue their study of French at a higher level: seeing relationships between language and culture, exploring history and influence, and continuing their mastery of grammar and vocabulary. In addition to using French to exchange information, students will begin to use the language as a means to discuss and analyze ideas. An emphasis will be put on critical thinking, supported by students’ expansion of vocabulary and grammatical structures.

French IV A, B
Credit: Elective
Prerequisite: “C” or better in French III recommended.
Length: 1 year
Grade level: 11, 12
As a capstone language course, students will continue to refine previous concepts while using the language in new ways. The focus will move from using French merely for exchanging information, to using it to share, discuss, and analyze ideas. Material for this course will come from a variety of sources: the media, music, literature, textbooks, and the Internet. Discussions, presentations, and role-playing, as well as extended writing and reading, will be regular components of the class.
IB French III A, B
Credit: Elective
Prerequisite: "C" or better in French II is recommended.
Length: 1 year
Grade level: 10, 11, 12
Students will work with grammar, vocabulary, and culture in this increasingly challenging course. Use of English will be discouraged, allowing students to strengthen their speaking and writing abilities. They will focus on the three IB themes of Group, Change, and Leisure, and will read and speak about these themes from literature, modern press, and videos. Students will take more initiative in their own learning as the textbook is supplemented by research projects, presentations, literature, music, and authentic texts in French.

IB French IV A, B
Credit: Elective
Prerequisite: B or better in IB French III recommended.
Length: 1 year
Grade level: 11, 12
Students will continue focusing on the IB themes and will participate in debates, play writing, games, and small group discussions. They will write essays and prepare group and individual presentations. Materials and instruction will focus on the IB themes of Group, Change, and Leisure. This course, along with previous courses, will prepare you for the IB examination in the spring.

German I A,B
Credit: Elective
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
Right from the first day students will be speaking, hearing and understanding German. As the year progresses, students will gain the skills, grammar, and vocabulary they need to understand and be understood in German. The skills, activities, and vocabulary of the class will be centered on the themes of self, family, school, music, leisure time activities, and travel among others.

German II A, B
Credit: Elective
Prerequisite: A grade of "C" or better in German I recommended.
Length: 1 year
Grade level: 9, 10, 11, 12
Similar to German I, students will be receiving instruction German and communicating in the language. The teaching style again will be student-centered and will involve active learning. The difference will be in what the students can do in the language. They will now have a much more extensive vocabulary, and their ability to work and in the language will also be more advanced. Their fluency and pronunciation will continue to improve, and they will begin to read authentic, level-appropriate literature.

German III A, B
Credit: Elective
Prerequisite: A grade of "C" or better in German II is recommended.
Length: 1 year
Grade level: 10, 11, 12
Similar in style to first and second year, German III will still be different in a number of ways. The focus will still be centered on themes, but will not be centered on a text per se, though we do have a text, Themen Neu. Besides developing their language skills further, students will now also develop skills, which allow them to think critically in German. There will also be an increased emphasis on the perspective unique to the German culture. The teaching approach will still be student-centered and emphasizing oral communication. Students will use the language daily and will create their own videos and stories.

German IV A, B
Credit: Elective
Prerequisite: A grade of "C" or better in German III is recommended.
Length: 1 year
Grade level: 10, 11, 12
The class will be active and student centered and will use the Internet, videos, music, and games as well as traditional methods. Students will have already learned all the conventions of the language and will now be reinforcing what they already know. Again, a heavy emphasis will be placed on communicating in German within the context of various themes.

IB German III A, B
Credit: Elective
Prerequisite: A grade of "B" or better in German II is recommended.
Length: 1 year
Grade level: 10, 11, 12
This class will be centered around the IB themes of change, groups, and leisure time. In this class the student will further strengthen his/her skills in reading, writing, speaking, and understanding German. The Internet will play an ever-increasing role as students access information about what is currently happening in Germany and exchange opinions with their counterparts in Germany. Students will also become more adept at thinking critically, being creative in German and being able to express their opinions on various subjects.

**IB German IV A, B**
Credit: Elective
Prerequisite: "C" or better in IB German III
Length: 1 year
Grade level: 11, 12
Students in this class will read and discuss in the thematic areas required by IB. Under this general thematic umbrella such topics as young people in Germany, the generation conflict, minorities in Germany, the German school system, and recent German history will be addressed. They will be able to understand German at age appropriate levels and will be in steady contact with their peers in Germany. Discussions, debates, games, videos, the Internet, literature, and magazine and newspaper articles will all be used to prepare the students for the IB exam in May.

**Japanese I A, B**
Credit: Elective
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
This course is an introduction to Japanese. This course will provide students with a basic knowledge of Japanese through the practice of speaking, listening comprehension, reading, and writing (Hiragana, Katakana, and limited Kanji), as well as the student being introduced to the Japanese culture. The student will acquire the basic sentence structure with emphasis on usage of the correct particles.

**Japanese II A, B**
Credit: Elective
Prerequisite: A grade of “C” or better in first year Japanese is recommended.
Length: 1 year
Grade level: 9, 10, 11, 12
This second year course will continue acquiring the four basic skills. The student will increase their knowledge of writing longer sentences through usage of correct grammar, vocabulary, and verb conjugations. This course will guide the student to build the foundation necessary to communicate fluently. The student will continue to build on their kanji vocabulary, and will be exposed to the Japanese culture through textbook, video, media, and the Japanese teacher’s experiences.

**Japanese III A, B**
Credit: Elective
Prerequisite: A grade of “C” or better in second year Japanese is recommended.
Length: 1 year
Grade level: 10, 11, 12
This course serves to expand vocabulary and stimulate discussion to develop oral proficiency while continuing to develop the writing skills, as well as broaden cultural understanding of the Japanese world. The student will also review the grammatical elements and Kanji learned in second year, at the same time the student will continue to build their kanji vocabulary, including kanji combinations.

**Japanese IV A, B**
Credit: Elective
Prerequisite: A grade of “C” or better in third year Japanese is recommended.
Length: 1 year
Grade level: 11, 12
This course is designed to reinforce and expand the student’s Japanese language skills they have already acquired during the first three years. The students will continue to work on more depth in literature and history, with emphasis on kanji combinations and culture. Additionally, increased emphasis will be placed on speaking through various activities such as role playing, making researched presentations, and creating stories.

**IB Japanese III A, B**
Credit: Elective
Prerequisite: Successfully complete 2 years of Japanese
Length: 1 year
Grade level: 10, 11, 12
This course is focused on the demands of the IB diploma program. The student will increase their knowledge of kanji. Students are exposed to more literature and writing more complex formats. The emphasis is placed on discussion in Japanese after reading and watching videos, Japanese TV news, and using Japanese websites. The student will do presentations by creating their own stories, the culture differences between Japan and America, and on given research subjects.

**IB Japanese IV A, B**
Credit: Elective
Prerequisite: A grade of “C” or better in IB Japanese II is recommended.
Length: 1 year
Grade level: 11, 12
This course is focused on the demand of the IB diploma program. Under the theme of the IB program such as population problems, education systems, current affairs, etc., the student will find information through books, media, newspaper, and discuss, write, and present their findings in class. The student will review and reinforce kanji introduced in IB Japanese III with acquiring more combination of kanji. The student will also be exposed to more depth in Japanese customs, people, and land.

**Spanish I A, B**
Credit: Elective
Prerequisite: None
Length: 1 year
Grade level: 9, 10, 11, 12
This course is an introduction to speaking Spanish in which students will explore the rich culture and the language that has evolved. Students will acquire a strong base for written and oral communication in Spanish, with an emphasis on using the language in meaningful and authentic situations in and outside the classroom.

**Spanish II A, B**
Credit: Elective
Prerequisite: A grade of "C" or better in first year Spanish is recommended.
Length: 1 year
Grade level: 9, 10, 11, 12
The second year class will be an expansion and extension of first year Spanish. The students will increase their working knowledge of useful vocabulary and communication through the use of various verb tenses and language structures. The class is designed to guide the students to acquire a foundation necessary to communicate with fluency.

**Spanish III A, B**
Credit: Elective
Prerequisite: A grade of "C" or better in second year Spanish is recommended.
Length: 1 year
Grade level: 10, 11, 12
This course reviews the grammatical elements learned in second year and continues with more complex structures. Students will advance their ability to communicate in Spanish through media, literature, interactive projects and extensive reading, writing, and speaking. Classes are conducted mainly in Spanish.

**Spanish IV A, B**
Credit: Elective
Prerequisite: A grade of “C” or better in third-year Spanish is recommended.
Length: 1 year
Grade level: 10, 11, 12
In fourth year Spanish students will perfect and expand their learning from the first three levels. The class shifts away from textbook Spanish and looks with more depth into history, culture, and literature from Latin America and Spain. Class communication will be in Spanish and students are encouraged to practice for fluency outside the classroom as well. Students will continue to increase their skills in listening, speaking, reading, and writing.

**IB Spanish III A, B**
Credit: Elective
Prerequisite: A grade of “B” or better in Spanish II is recommended.
Length: 1 year
Grade level: 10, 11, 12
The IB Spanish language program will follow the format and content of regular third-year studies but will be accelerated to teach to the demands of the IB diploma program. In addition, the IB students will be exposed to more literature and required to write and
speak in more complex formats. Communication in the language will be more varied, extensive and rigorous. The students will take a
more independent role in their learning.

**IB Spanish IV A, B**

*Credit: Elective*

*Prerequisite:* A grade of “B” or better in Spanish III is recommended.

*Length:* 1 year

*Grade level:* 11, 12

The IB Spanish language program will follow the format and content of regular fourth-year studies but will be accelerated to teach to
the demands of the IB diploma program. In addition, the IB students will be exposed to more literature and required to write in more
complex formats. Communication in the language will be more varied, extensive and rigorous. The students will take a more
independent role in their learning.

**Independent Study in World Language**

*Credit: Elective*

*Prerequisite:* Prior successful experience and grades and instructor’s recommendation.

*Length:* 1 semester

*Grade level:* 11, 12

This course is to be arranged with individual teachers and with the approval of the Department Coordinator. This study will only be
considered when scheduling conflicts prevent the student from entering in a sequential existing class.